

## Simplified Speech #186 – Christmas 2023

AD-FREE

### Episode description

Christmas is coming! In this festive episode, Andrew and Kassy discuss Christmas preparations and traditions. Join our hosts as they share their childhood memories, discuss gifts, and explore how Christmas is celebrated in different countries. Get into the Christmas spirit and take your English fluency to the next level!

### Fun fact

In this episode, Andrew and Kassy talk about Christmas lights. Interesting fact: the world record for the most lights on a house was set on November 28, 2014. This happened in LaGrangeville, New York, USA. A family - Tim, Grace, Emily, Daniel, and John Gay - decorated their home with 601,736 lights. That's a lot of Christmas spirit!

### Expressions included in the study guide

- To get into the spirit
- Is that the case?
- To follow in [someone's] footsteps
- To stick with [something]
- Decked out
- To go hard



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## Transcript

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Note: The words and expressions that appear in **bold text** within the transcript are discussed in more detail in the Detailed Explanations section that follows the transcript. The transcript has been edited for clarity.

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**Andrew:** Simplified Speech Episode 186. "Christmas 2023." Featuring Andrew and Kassy. Hey Kassy, what is our topic of conversation for today?

**Kassy:** Well, the holidays are coming up, so today's topic is Christmas 2023.

**Andrew:** And I know you guys can't see it because you are listening right now, but Kassy and I are communicating with each other through video call. Of course, I'm in Korea and Kassy is in Thailand and I changed the background of my video call to this wonderful Christmas background. There's a huge Christmas tree and a fireplace roaring in the background. So, I feel very Christmassy right now, Kassy, but I don't really see any Christmas decorations in your background.

**Kassy:** No, but yours is very festive. I feel so cozy right now.

**Andrew:** So maybe we could start there. We could start by talking about decorations. In general, Kassy, are you someone who tries to **get into the Christmas spirit** by decorating your house with, you know, a Christmas tree or Christmas lights or decorations, anything like that?

**Kassy:** Honestly, no, but my mother is a huge Christmas person. Her three favorite things in the whole world are Christmas, Disney, and the beach. So, when those three things are coming up in her life, she just goes all out. She has a huge tree, a train, a tree inside and outside, fireplace roaring every night. It's like Christmas threw up around our house.

**Andrew:** I wonder if your mom can combine two of her passions then, Christmas and Disney. I'm sure she has like a lot of Disney Christmas ornaments on the tree. **Is that the case?**

**Kassy:** She does. She used to have a shelf in our house specifically full of these limited-edition, priceless Disney ornaments as well. But unfortunately, there was one year where the shelf broke and many of them smashed. And I'm sure a little piece of my mom's heart also died with those ornaments.

**Andrew:** I think I remember you telling me that story once before on a different Simplified Speech episode. So sad. So then why hasn't that carried on to you? Why aren't you **following in your mom's footsteps** and going all out with decorating your house for Christmas?

**Kassy:** I think it's because I'm a bit of a nomad. Andrew, I have never worked at the same job for more than two years and I've never lived in the same house for more than two years. So, because of that, I just don't like having a lot of stuff because then I have to bring it to the next place.

**Andrew:** Yeah, yeah, I get that. I'm in a similar situation to you Kassy. I grew up with parents who went all out at Christmas, and they still decorate the house. You know, I remember putting up Christmas lights outside with my dad on the roof and we had a big Christmas tree. Well, when I was maybe in middle school or high school, we switched to an artificial Christmas tree. But when I was a real little kid, we used to go and get a real tree. We wouldn't chop a tree down in the forest or anything like that. We weren't that extreme. But there would be Christmas tree lots in the supermarket parking lot and you could go and buy a real Christmas tree and they would be like fresh cut from the forest or from a tree farm. I don't know exactly where they came from, but you could pick up a tree and it would always be a bit of a battle to take the tree home because you've got this like big two-meter-long tree, right? You'd have to attach it to the roof of your car or put it in the

back of your truck or something. And then you'd get it home, and the tree would be a real fresh tree and there'd be like sap coming out of it. And sap is that really sticky liquid that comes out of a tree if you perforate the surface of the tree trunk, right? If you cut a hole in the tree trunk. So, it'd be really sticky and sappy and wet. And so, what we would have to do is dry the tree out for a few days in the garage. We'd like put the tree up and just let it dry out a little bit.

**Kassy:** We never did that. We had a real tree too. That's smart.

**Andrew:** You had a real tree too? Yeah. And then ironically, once you would put the tree up in your house, you would have to put the base of the tree in water so that it wouldn't turn brown.

**Kassy:** Yeah, but you dry it out and then rehydrate.

**Andrew:** But listeners, as you can tell, that's a ton of work and I don't blame my parents at all for switching over to an artificial tree. So, there's been many years now that we've just had a fake Christmas tree. But yeah, the Christmas tree goes up, the ornaments come out, the lights go up, and my parents go all out. But yeah, Kassy, I am the same as you. You know, I like Christmas. I'm not like a huge Christmas guy until maybe the week before. I like Christmas, but I think we celebrate it for too long.

**Kassy:** It's not a day of Christmas. It's a month or a month and a half of Christmas.

**Andrew:** Yeah, it's too long in my opinion. So, I try to save decorating and stuff until maybe, you know, the 20th, 19th, 20th, and then, you know, take it down on the 26th or 27th and move on to the new year. That works for me. That's my Christmas season.

**Kassy:** Maybe you'll get a few more decorations now that you have your own place.

**Andrew:** Yeah, that is exactly what I wanted to talk about, Kassy, because now I finally feel like I'm in a position where I could actually buy a Christmas tree and it wouldn't be a waste because I know I'm not going to move. Well, hopefully not going to move. You never can say never, right? But I feel like I'm in a permanent place now. So, my wife and I were debating about buying a full-sized Christmas tree for our home this year, but then we saw how expensive they are, and we decided, no, we'll just **stick with the little mini-Christmas tree**. It's probably 25-centimeter-tall mini-Christmas tree that we've been using the last couple of years. I think we'll stick with that.

**Kassy:** Easier to decorate, easier to put up, easier to put into storage. It's a win-win-win.

**Andrew:** Exactly. But we did want to make our house look more Christmassy. So, we bought a Christmas wreath, and we hung it on our front door. And actually, it's been a bit of a battle trying to hang the wreath because our front door is a metal front door. It looks like wood, but it's made out of metal, but it's not magnetic. So, at first, I thought, "Oh, this will just be easy. We can hang a magnetic hook on the front door and hang the wreath," but that doesn't work. So, then my wife bought these hooks that have a little sticky pad on the back, and she stuck that on there. And then the weather went from being really warm one day to really cold the next day. And I guess the sticky pad didn't like that because we woke up and the wreath was on the ground.

**Kassy:** So sad.

**Andrew:** So now we've been trying some other methods. We tried gluing the hook to the front door and also the wreath fell down again. So, we're trying our best to have a Christmassy vibe for our front entrance to the house. But yeah, so far, no luck, but I think we just need to use maybe some super glue or something and just attach it really seriously.

**Kassy:** You'll never get the wreath off again.

**Andrew:** Yeah, it might be Christmas, not just for one week at our house, but for 365 days. I'm not sure.

**Kassy:** Exactly.

**Andrew:** And we also bought a little stepladder. And when the stepladder arrives, we just bought it online. When the stepladder arrives, then I'm going to get some Christmas lights and I'm going to go up onto the roof and hang some Christmas lights, which I think will be really cool because although Korea is a country where Christmas is celebrated and just going around Seoul these days, you can see lots of Christmas decorations, many Christmas trees, lots of stores and cafes are all **decked out**. There's Christmas music playing in cafes and stores, but one thing that you don't see is people hanging Christmas lights to decorate the exterior of their houses. So now that I have a house here, that's what I'm going to do. I'm going to put some Christmas lights outside and I think I'll be the only house, not even on our street, but the whole neighborhood.

**Kassy:** You can light up your neighborhood. Yeah, that'll be great.

**Andrew:** Exactly. Yeah, so I'm excited for that. Kassy, what is your plan for Christmas Day then? How are you going to celebrate? And does it feel more difficult for you to get into the Christmas mood when you're in a place like... I imagine it's not an official holiday in Thailand. Is that true or? Tell us a little bit about spending Christmas in Thailand.

**Kassy:** It's true. It's not an official holiday, but there are so many expats living in Thailand, especially from Europe and the US, like more Western cultures. So, you definitely see a lot of decorations on the streets or in the big shopping malls in Bangkok.

**Andrew:** So, it's still there, but even though it's not like an officially celebrated holiday, you can still see it around with like the tourists that are there, the expats that are there, and the stores that want to make money from Christmas shopping.

**Kassy:** Yeah, they have Christmas markets too where you could buy some gifts. And then also our school is an American school, so high school, not so much, but the elementary school, they really **go hard** on the Christmas festivities leading up to winter break.

**Andrew:** That's awesome. And do you have any special plans for how you're going to celebrate the day?

**Kassy:** Honestly, we're kind of skipping Christmas this year. My cousins and my aunt and uncle from Sweden are coming to visit for three weeks. Yeah, and I think on Christmas day, we're going to be in the middle of Khao Yai National Park outside of Bangkok a few hours. And I think we're going on some sort of jungle tour, so not your typical Christmas, but we'll be having fun together.

**Andrew:** Yeah, that's awesome. As for me, my wife and I don't really have anything special planned. We'll probably just have a pretty laid-back Christmas. I don't think we'll really do anything out of the ordinary, to be honest, but the one thing that we will do is we're going to go see *The Nutcracker* ballet. My wife bought tickets to that.

**Kassy:** That's really cool.

**Andrew:** Yeah, so I'm not sure if that is on the 23rd, the 24th, or the 25th. I know it's sometime around Christmas, but yeah, right around Christmas Day, we're going to go and see *The Nutcracker*, and then we'll probably go out for a nice dinner afterwards. You know, Christmas Eve in Korea is a big date day. It's like a day to hang out with your girlfriend or boyfriend, or in my case, my wife. And we'll go out and just have a nice dinner on that day. And I think that'll probably be it for Christmas for this year for us.

**Kassy:** You should get some of those delicious scones from that shop near your old place. Those were so good.

**Andrew:** Yeah, listeners, last time that Kassy was in Korea, we went to this amazing scone shop. It's like a bakery. They bake their own scones, and it's really good. So, Kassy, I think that's a wonderful idea. I should pick up some scones, then I can wake up on Christmas morning and just have a nice cup of coffee and a scone and just enjoy my Christmas that way. I love it. OK, Culips members, Kassy and I are going to keep our conversation going for just a few moments longer for you as a token of our thanks, as a way to say thank you for your support and for being a Culips member. So, Kassy, I've got a quick question for you. And, well, hopefully it's a quick question. I'm not sure, but I'm not exactly sure what I should buy my wife for Christmas this year. It's a problem that I have every year. I always want to get her something amazing, but it's always difficult to know what to get her because I feel like she already has everything. She doesn't really need anything. What do you think? Any ideas?

**Kassy:** Well, Andrew, I also have this problem when shopping for my husband, but I've come to think of two or three ideas that I think I could use every year, and you could too. One of them, an idea would be to get her paid sessions at a spa maybe, like where she could get some massages or some scalp deep shampooing treatments or something. It just feels so good. I bet she'd love that.

**Andrew:** Hmm, that's a good idea. Like gift certificates for a spa. OK. Yeah, that's an awesome idea.

**Kassy:** And then another one, what I'm doing is to get something that you and your wife could do together, but also maybe something she likes a little bit more than you do. So, for example, we started doing puzzles together this year. So, I got him a Real Madrid themed puzzle because he loves the Real Madrid soccer team.

**Andrew:** Wow. OK. That's a good idea as well. Maybe I could just get her a puzzle. That could be fun.

**Kassy:** Yeah. What's one of her hobbies? Get her a puzzle with that theme as a hobby or her favorite artist.

**Andrew:** Yeah, like a cactus on the front or something. Yeah, I don't know. Usually what I do is I try and keep a list in my notes on my phone just throughout the year, just for any time. So that if I see something cool or something pops into my head that I think she might like, then I write it down in my notepad. But I kind of don't, like I was looking over that list again and I was like, I don't think these are good for Christmas this year. And yeah, it's just always something that's difficult for me to do is to buy gifts for people. But I still have time! It's... we're recording this in early December. So, I think, yeah, it looks like I have about 20 days remaining, and I can do it. I'm going to find an amazing gift.

**Kassy:** I believe in you. I had one question for you too.

**Andrew:** OK.

**Kassy:** I was wondering if your family had any unique Christmas traditions that other families might not have had while you were growing up.

**Andrew:** I don't know. Did you have this one, Kassy? I was always allowed to open one gift on Christmas Eve growing up.

**Kassy:** Yeah, we had a Christmas Eve party at my step-grandparent's house and there we were allowed to open gifts, but it wasn't from Santa.

**Andrew:** Just one or many?

**Kassy:** Like one big one and one little stocking stuffer kind of thing.

**Andrew:** Yeah, I had a lot of friends who were from European backgrounds growing up and they were always allowed to open all of their presents on Christmas Eve. So, I'd get like phone calls from my friends being like, "I got this for Christmas. I got this for Christmas." I'd be like, "Oh, you're so lucky."

**Kassy:** I heard the reason why they do that. It's genius. So, in our North American culture, parents are tortured every Christmas morning because their kids wake up at like 4 a.m. going, "It's time to open presents." But the European parents are geniuses, and they have their kids open them at night so that they sleep in the next day. Genius.

**Andrew:** Or they just wake up and play with the toy by themselves and don't wake the parents up.

**Kassy:** Yeah, that too.

**Andrew:** Yeah, I remember being so excited for Christmas as a kid that I literally wouldn't sleep. I think I would stay up the whole night and if I did fall asleep, I would be up at like the crack of dawn, you know, 4:30-5:00 in the morning wanting to open presents. I was really spoiled as a kid. Christmas was always really, really good to me. So yeah, it was an exciting time of the year. But that makes sense. I think if I were to have kids, I would follow the European tradition. I love it.

**Kassy:** Exactly. Nighttime Christmas present opening, I guess they'd be a little crazy going to bed that night too, but can't win everything.

**Andrew:** Now it's funny because, well, it's been a while since I've spent Christmas with my family in Canada, but I remember the last time that I did celebrate Christmas with my family. My mom was like trying to wake my brother and I up kind of early to like open presents and stuff. It wasn't like that early, but it's like 7:00 or 7:30. We were both like, "Mom, go back to bed!" Like, "Let us sleep in. It's a day off. What are you doing?" We

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wanted to like sleep in because, you know, it was a holiday. And so, things really change from when you're young to when you're old. It's crazy how the perspective shifts like that.

**Kassy:** Yeah, you're totally right.

**Andrew:** Well, Kassy, I think that will wrap it up here for our extra bonus content for Culips members. So, everyone, thank you again for listening and have a happy Christmas. We'll talk to you next time. Bye-bye.

**Kassy:** See ya.

**Andrew:** That brings us to the end of this lesson. Talk to you next time. Bye.

## Detailed Explanations

### To get into the spirit

#### Expression

In this episode, Andrew starts the conversation by talking about decorations. He asks Kassy if she likes to get into the Christmas spirit by decorating her house.

**To get into the spirit** means to start feeling excited about a special event, like Christmas. The Christmas spirit is a happy and joyful feeling that people often feel in December. When someone gets into the Christmas spirit, they enjoy the holiday more. They might decorate, follow Christmas traditions, or just feel happy. When people feel this way, they sometimes say they “feel Christmassy.”

There are many ways to get into the Christmas spirit. People decorate their homes, listen to Christmas music, watch Christmas movies, and eat and drink special Christmas foods and drinks. For example, someone might visit a Christmas market and drink Glühwein to feel more Christmassy.

You can use this expression for other holidays and events too, like Halloween, weddings, or birthdays. For example, to get into the Halloween spirit, people might decorate their homes with scary things, pick out costumes, and give candy to children who come trick-or-treating.

Here are a couple more examples with **to get into the spirit**:

**Amelia:** This is your first Christmas in California, isn't it? Are you excited?

**Trevor:** Yeah, I am. But it's just not the same without the snow. In Canada, it felt like a winter wonderland. I find it hard **to get into the Christmas spirit** here.

**Judy:** Are you going to the Halloween party tomorrow?

**Phil:** Sure, I won't miss it! How about a scary movie marathon before the party? **To help us get into the Halloween spirit!**

**Judy:** I'm in!

## Is that the case?

### Phrase

In the episode, Andrew talks with Kassy about her mother, who loves both Christmas and Disney. He wonders if she combines these interests during the holidays. He guesses that her Christmas tree might be full of Disney ornaments and asks Kassy, "Is that the case?"

**Is that the case?** is a question used to confirm if a statement is accurate. It's a common way to ask if what has been said previously is true, without having to repeat it. It's similar to saying, "Is that correct?" or "Is that what's happening?"

For example, imagine you meet someone who tells you that they work in a department store. You respond by saying that you've heard there is a big sale coming up. To confirm this information, you might ask, "Is that the case?" Asking this question helps you verify whether the rumor you heard is true.

Another common usage of this expression is in the question, "Why is that the case?" This is often asked when you wonder about the reasons behind something. For instance, if someone mentions in a conversation that people these days tend to choose a career over starting a family, you might ask, "Why is that the case?" to understand their opinion on the matter.

This expression can also be used in sentences such as "I think that's the case" or "I don't think that's the case." "Is that the case?" is a versatile expression that can be used in different contexts and scenarios, in both formal and informal settings.

Here are a couple more examples with **is that the case?**:

**Joan:** I heard from Emma that you're planning a hiking trip next weekend.

**Harry:** Yeah, that's the plan.

**Joan:** And she mentioned you're thinking of going to the Rocky Mountains. **Is that the case?**

**Harry:** Exactly, we're planning to explore some trails there.

**Alice:** Did you notice that Dan was avoiding me today? Do you think it's because I forgot about his birthday?

**Greg:** **I don't think that's the case.** He was probably just busy, we've got really tight deadlines these days.

## To follow in [someone's] footsteps

### Idiom

In the episode, Kassy says she doesn't like Christmas as much as her mom. Andrew asks why Kassy doesn't like it as much as her mom, or why she isn't "following in her mom's footsteps."

**To follow in [someone's] footsteps** means to copy someone's actions or choices. Literally, it refers to walking in the footprints left by another person. Figuratively, it means following a similar path in life as someone else.

This expression is often used to talk about career choices, hobbies, or lifestyles. For example, if your parents run their own business and you start one too, you're following in their footsteps. You're choosing to do what they did.

But this expression isn't limited just to family traditions. It can also mean copying friends or people you look up to because you admire and respect them. When you follow in someone's footsteps, it shows they have had a good impact on you. You get inspired by them, learn important things from them, and start making choices like they do.

For example, if a famous chef inspires you to start cooking, you are following in their footsteps. You see what they do, learn from them, and then cook like they do because you respect and admire them.

Here are a couple more examples with **to follow in [someone's] footsteps**:

**Isabel:** Is everything OK? You seem kind of tense.

**Thomas:** I just had another tough conversation with Dad. He was talking about how he wants me to work at his law firm. You know how I feel about that.

**Isabel:** I know, honey. You've always wanted to be a photographer. You're so good at it! You don't have **to follow in his footsteps**, you should pursue your own dreams!

**Jeff:** So, Kristen, why did you choose to be a teacher?

**Kristen:** I was inspired by my high school history teacher. She was incredible! I remember being in her class and thinking, "I want to be like her!" So, I decided to **follow in her footsteps** and become a teacher myself.

## To stick with [something]

Phrasal verb, informal

In this episode, Andrew tells Kassy that he and his wife had planned to buy a full-sized Christmas tree this year. However, they decided to stick with the mini-Christmas tree they've been using instead because full-size trees are too expensive.

**To stick with [something]** means to continue doing the same thing without changing your plan. When you stick with something, you keep doing it, even if it's challenging or takes time. So, Andrew will stick with using his mini-Christmas tree and won't buy a bigger one.

Here's an example. Imagine your friend tries using almond milk in their coffee for a week to see if they like it. After a week, they realize they prefer their coffee with regular milk. So, they say, "I'll just stick with regular milk." This means they've chosen to continue using regular milk and not switch to almond milk.

Additionally, "Stick with [something]" can be used to encourage someone to continue doing something, even when it is difficult. It means to keep trying and not give up. For example, learning to play the guitar can be challenging. A student might practice for many weeks but feel like they are not getting better. They might think about quitting. In this situation, to encourage the student to keep going, you can say, "Stick with it." This means they should continue practicing and not give up, because with time and effort, they will improve and reach their goal. This expression is a way to support someone and remind them that being persistent and not giving up is important to achieve success in the long run.

Here are a couple more examples with **to stick with [something]**:

**Beth:** Have you made any vacation plans yet?

**Victor:** You know, we go to Spain every summer. My wife suggested trying something different this year, but if I'm honest, I really like it there. Besides, we know all the good restaurants and beaches, it's just so much easier than exploring unfamiliar places. So yeah, I think we'll probably just **stick with our traditional trip to Spain**.

**Rob:** My therapist says I should keep a gratitude journal, but I just don't understand how it can help. I feel like I just write the same things every day, you know.

**Cynthia:** I get it. I felt the same way when I started my gratitude journal. But over time, I noticed that it really helps me appreciate things and feel better. **Just stick with it**, and you'll see results soon!

## Decked out

Adjective

In this episode, Andrew talks about his plans to decorate his house with lights. He shares an observation that despite many stores and cafes around Seoul being all decked out, few people decorate their homes with Christmas lights.

**To be decked out** means something is decorated or prepared to look impressive and festive, usually for a special occasion or celebration. For example, imagine you're getting ready for a birthday party at your friend's house, and they have colorful balloons, streamers, and a beautifully decorated cake. You could say that the house is "decked out" for the birthday party, meaning it's decorated and looking really nice for the celebration.

"Decked out" is often used to describe people as well. When we say someone is "decked out," it means they are dressed very stylishly. They're wearing nice clothes, their hair might be styled, and they could be wearing makeup. People typically get decked out for special events like weddings, ceremonies, or parties. So, when a person is "decked out," it means they have put in extra effort to make themselves look their best and appear impressive and fancy for a special occasion.

This expression is often used with the word "all", as in "all decked out." It adds emphasis and means that a place or a person looks really good. You can use this expression to give someone a compliment. You might say something like, "Wow, you're all decked out!"

It's important to note that "decked out" is an informal expression, so it's best to avoid it in formal and academic settings. Feel free to use it in casual situations with friends.

Here are a couple more examples with **decked out**:

**Stephan:** How did your office party go?

**Eve:** It was so much fun! It was at the Four Seasons hotel, have you been there? The place looks gorgeous because **it's all decked out** for Christmas! The food was very good, too.

**Stephan:** Sounds great! Sometimes I regret being a freelancer. No office parties for me!

**Sadie:** My friend invited to me to her gallery opening next Saturday! Do you want to come with?

**Eric:** Oh, do I have to **get all decked out** for this?

**Sadie:** Yes, you do! Don't worry, I'll help you pick out the outfit.

## To go hard

Expression, informal

In this episode, Andrew asked Kassy if Christmas is celebrated in Thailand. Kassy replied that even though it's not an official holiday, Bangkok still gets all decorated for Christmas because of many expats and tourists. There are even Christmas markets there. Kassy also mentioned that the school she works at is an American school, and the elementary school there really goes hard on the Christmas festivities.

To **go hard** means to put a lot of effort into doing something or spending a long time doing it. If a person goes hard on something, it means they do something with passion, they work hard to achieve results, and put a lot of energy into it. You can think of it as showing dedication and determination to succeed. This expression can be applied to various aspects of life: work, sports, personal goals.

For example, if someone goes hard at the gym, it means they're giving it their best effort, pushing their limits, and putting in maximum effort. In this episode, Kassy uses the phrase to express how much effort and enthusiasm the elementary school puts into celebrating Christmas.

There's another common expression that means the same thing as "go hard," and it's "to give it your all." You can use them interchangeably. They both communicate the idea of putting a lot of effort and dedication into something you're doing, whether it's at work, in sports, or when working towards personal goals.

Here are a couple more examples with **to go hard**:

**Zach:** We're going to play board games later today. Do you want to join?

**Rachel:** I'll have to pass! I have a big exam in three days, so I really need to **go hard on studying**. You guys have fun!

**Charlie:** Wow, you have forty thousand followers on YouTube! How did you manage to do that?

**Maddie:** Ever since I started my channel, **I've been going hard**: spending hours filming and publishing videos three times a week. It's a lot of work, but it's worth it!

## Quiz

**1. Which of the following is NOT a good synonym for the phrase “Is that the case?”**

- a) Is that yours?
- b) Is it true?
- c) Is that correct?
- d) Is that the situation?

**2. To follow in someone’s footsteps means to \_\_\_\_\_.**

- a) wear someone else’s shoes
- b) be as different from that person as possible
- c) find out where that person lives
- d) make the same choice that someone else has made

**3. If you continue to do something, even though it’s challenging, you \_\_\_\_\_.**

- a) stay with it
- b) stuck with it
- c) stick with it
- d) stack with it

**4. True or false? If someone is decked out, it means they’re tired.**

- a) True
- b) False

**5. Which of the following does NOT mean to go hard on something?**

- a) To put in a lot of effort
- b) To do something passionately
- c) To show enthusiasm
- d) To approach something casually

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## Writing and Discussion Questions

1. What do you do to get into the holiday spirit?
2. Have you ever followed in someone's footsteps? Explain.
3. Describe a time when you decided to stick with something instead of quitting.
4. When was the last time you got all decked out? What happened?
5. Think of a time when you went hard on something. What was it?

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## Quiz Answers

1.a    2.d    3.c    4.b    5.d

### Episode credits

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