

Simplified Speech #120 – Foods you either love or hate

Episode description

Spinach, love it or hate it? In this scrumptious Simplified Speech episode, Andrew and Suzanne talk about controversial foods, foods that some people are dying to eat while others wrinkle their noses in disgust just thinking about them.

This Simplified Speech episode on controversial foods is perfect for intermediate learners of English. Today's episode is chock-full of fun words and phrases about foods that are sure to boost your English listening skills to the next level. Bon appétit!

Fun fact

There are several foods that cause division around the world. People either love them or hate them. Such foods include black licorice, cilantro, olives, blue cheese, mint chocolate ice cream, and oysters. So what's your opinion on these contentious foods? Do you love them or hate them?

Expressions included in the study guide

- Hater
- Control freak
- Squeamish
- To go out of [one's] way
- Upscale
- Go-to



Transcript

Note: The words and expressions that appear in **bold text** within the transcript are discussed in more detail in the Detailed Explanations section that follows the transcript. The transcript has been edited for clarity.

Andrew: Hello, everyone. My name is Andrew.

Suzanne: Hi, guys. I'm Suzanne.

Andrew: And this is the Culips English Podcast.

Hello there, listeners. Welcome back to Culips. Today, we have a Simplified Speech prepared for you. And I'm joined by my co-host in Montreal, Suzanne. Hey there, Suzanne, how's it going?

Suzanne: Hi, I'm well. I'm doing great here in Montreal in my bedroom studio/office, but doing good. How are you?

Andrew: I'm good as well. I'm also in my bedroom/studio right now. And, Suzanne, it's been a while since we've had you on Simplified Speech. So it's good to have you back here on the series. And we're gonna talk about a fun topic today, I think. We're going to discuss controversial foods, if I can put it that way, controversial foods. And what I mean by that is we're going to talk about foods that are notorious because some people hate them or love them. They have either very rabid fans or just straight up **haters**, and there's not really any gray area. It's either you love it or you hate it.

Suzanne: They're divisive foods. They divide us into camps, right? Love and hate.

Andrew: Exactly. Two camps, that's a good word that you just used there, Suzanne. Camps, two camps. And this doesn't mean camping in the forest with your tent in a sleeping bag, right? It's more like a group.

Suzanne: Right. A group of people that agree with you, yes.

Andrew: Exactly, a group of people that agree with you. So we'll get into this topic about foods people either love or hate in just a moment. But before we do, everyone, I want to remind you about the study guide that we have available for this episode, you can get it by signing up to become a Culips member. And it's an awesome resource for anyone who is serious about taking their English to the next level, trying to jump up from, you know, the intermediate level to a more advanced level. In the study guide, you'll find a transcript. There are detailed vocabulary explanations and examples of the must-know vocabulary that you'll hear Suzanne and I use here today and more. So check it out on our websites Culips.com. And we also wanted to give a shout-out to one of our listeners from Thailand

who left us very nice review and a five-star rating on Apple podcasts. And Suzanne is going to read this review for us. Suzanne, take it away.

Suzanne: Yeah, so this review comes from, all the way from Thailand. And please, if you're out there listening, let us know if I pronounced your name correctly. It's Nut Tatirat from Thailand and they say, "My name is Nut Tatirat from Thailand. I have been using Culips for my English study since June 2020. I usually listen to this podcast when I'm driving to work every morning. And it does help me improve my English a lot. I'm now feeling more confident when I need to do English presentations at work." That's fantastic and a five-star review. Thank you so much, Nut.

Andrew: Thank you, Nut, for that great review. And listeners, if you like listening to Culips, if you find us fun or entertaining or, most importantly, educational and beneficial for your English learning, then please support us by leaving us a five-star rating and a nice review. It can even be a short review just a word or two is fine on Apple podcasts or wherever you get your podcasts. We ask you to do this because it really helps spread awareness of Culips to English learners all around the world, helps other people find us and also helps us feel encouraged and motivated to keep going on with Culips and to create awesome English learning content for all the people who listen to us. So, Suzanne, with that being said, let's kick it off. Let's get into our main topic for today, controversial foods. And I thought it would be fun, Suzanne, to just go back and forth. And we can kind of throw foods at each other almost like a food fight. And we'll analyze them and talk about them.

Suzanne: All right.

Andrew: First thing I have to ask, on a scale of one to 10, how picky of an eater are you? With zero being not picky at all, eat everything that you can that is presented to you. There's nothing you don't like. And 10, on the opposite side of the spectrum, being extremely picky, and there are many foods that you don't like. So on the scale of one to 10, how picky are you?

Suzanne: I'm laughing a little bit here because if Olivier my partner were here, he'd be like, oh, she's a 10. But that's not true. I'm a picky cooker, meaning I'm a good cook. And so I like to have like, all the vegetables, if it's supposed to be diced, I want them to be diced and not sliced, for example. This is my **control freak** coming out. But as an eater, I would say maybe like two and a half, three, because there are certain things like, you know, my partner's from France, so he'll eat like frog legs and me, not sure. Not sure about that. Or, you know, certain foods that are animals that maybe I associate with, like my pet or like certain birds, right? I'm a little **squeamish** or like snails I might be like, I'm not sure. Does that make sense? Because they're cute.

Andrew: That makes sense.

Suzanne: So, you know, I've eaten lamb. Let's say that. They are also cute. I've eaten goats. They are also cute. I'm pretty open. But there are maybe a couple of things that I hard pass, meaning definitely won't go near to eat.

Andrew: I see. So about a two or three.

Suzanne: I would say probably a three. Now that I'm thinking and saying all those things, maybe I'm like a three and a half, you know, maybe I'm like a three and a half. What about you, Andrew?

Andrew: I mean, you sound pretty open to me. Yeah, maybe we could rate you lower than that. But after I heard your answer, I thought maybe I'm more picky than I think. I was gonna say that I'm not picky at all. I'm like a one. But yeah, there are some things that I **don't go out of my way to eat**. But if they are presented to me, I will definitely try them and try to enjoy them. So your example of, you know, eating frog legs. Yeah, not **my go-to** for lunch or something. You know, I probably wouldn't order it off the menu.

Suzanne: But if someone had it, you might taste it, right?

Andrew: I would definitely try it. I'm definitely open-minded about that. And, you know, if I went to somebody's house for dinner, and they served it to me, then I would eat it for sure. Like, I'm thinking of a place that I used to live in here in Korea. And it was near like a lake, river area. And there was a restaurant there that served turtle soup. Soup made from turtles. And I don't know if it was just because I spent a lot of time running around the lake and I saw the conditions of the water weren't super clean, and I saw the turtles swimming around in the lake, I just thought I will never eat that turtle soup. Like it just made me feel a little bit gross to even think about it. So, yeah, there are some kind of animal products, I think that you know, maybe it's delicious, but just doesn't strike me as being appetizing when I think of it.

Suzanne: You just made me think of there's an amazing restaurant in New York City. Like every time I go back to visit I go there. It's called Toloache and it's a Mexican restaurant. It's like **upscale** Mexican food. And they have a lot of like tequilas and mezcals with the worm. You know, like, for example, I love tequilas and stuff. They pour them like they would scotch, so you're really enjoying them in a sipping, slow sort of way. But you see the worm, you know, you're seeing a worm, which is a weird feeling. And then also, I've ordered and eaten crickets, fried cricket tacos. And if you don't think about it, it's really good. However, if you really sit and think about it while you're eating it and you're like, crunching them, there's a moment where you're like, ah, what's happening? You know you, you start to kind of separate from the experience, because your mind is like, ah, crickets. So, anyway, you just reminded me of that with the turtle soup.

Andrew: Yeah, sometimes maybe our minds get in the way. And I know parents often do that with kids as well, right? They say, oh, yeah, this is not spinach. It's green cheese or

something. And then the kids will eat it. You know, you can lie to your kids about what vegetables.

Suzanne: No one's ever said that to me. Yeah, nobody ever, my parents were just like, this is spinach. These are beets. And I loved spinach as a kid, actually. I was obsessed. What about you? Did you like spinach?

Andrew: As a kid? Well, maybe this is can be the first food that we talk about because spinach is kind of controversial, right? Some people love it and some people hate it. Yeah, to be honest, my mom didn't serve spinach too often in the house. So it wasn't like something that I had to contend with all the time. But as a kid, I was much, much pickier than I am now so there were a lot of vegetables that I didn't eat when I was younger. But now I do eat spinach. I like spinach. I prefer cooked rather than raw.

Suzanne: Yeah.

Andrew: Yeah. I don't like the feeling that the raw spinach makes my teeth feel.

Suzanne: I hear you. Yeah.

Andrew: It feels like my teeth are fuzzy after I eat spinach. So I usually cook it or just use a small amount.

Suzanne: I think I was a big fan of Popeye, the cartoon, right, where he eats a lot of spinach. And he like rips open the can of spinach and he eats it in one gulp. And it makes him super strong. And so I, as a kid, was obsessed with cans of spinach. I want it to be like Popeye.

Andrew: I mean, I think that's exactly the same thing as what I was talking about just a moment ago. It's like they gave Popeye the superhero power from spinach. Of course, that's a lie, right? Spinach is good for you. But it doesn't make you have incredible strength all the time or all of a sudden. So I think, yeah, maybe that's like how parents can brainwash children into making them eat foods that are not too appealing at the start. But we're both on the same page with spinach, then we like spinach.

Suzanne: Totally.

Andrew: OK, I'm gonna take it in a totally different direction. We're going to go from a very healthy food to a food that is not healthy at all, but in my opinion is very delicious. And this is a pretty controversial one over here in Korea, where I live, Suzanne. My students are very divided on this food. Some love it, and some just can't wrap their heads around it and understand why people eat it. So that food is mint chocolate chip ice cream. Mint chocolate chip ice cream.

Suzanne: Oh, my gosh, that's my favourite.

Andrew: Me too. I love it. I love it. The **haters** of mint chocolate chip ice cream, at least my students who have talked to about it, say that it tastes like toothpaste. It's too toothpasty. And like, why would you want to eat your toothpaste?

Suzanne: I think their, they don't have a good one. They have the one that's maybe green with too much, like, colouring in it.

Andrew: Yeah, possibly. I'm not sure.

Suzanne: Because the real mint chocolate chip ice cream is just like a vanilla colour. Like it's a white or cream colour, yeah?

Andrew: Yeah, yeah, yeah.

Suzanne: With the chocolate chips in it and it's more about the flavour. It doesn't have that kind of pasty feel to it.

Andrew: I don't know. I'm not sure if they're talking about the texture, the feeling, just more of the similarity between the mint, right? The mint of certain toothpastes and the mint of mint chocolate chip. I personally don't use a mint toothpaste, so it doesn't really remind me of that. But I guess I can see the connection. But yeah, in my opinion that's wild because it's a very delicious ice cream flavour to me and it's one of my **go-tos** whenever I do eat ice cream.

Suzanne: I'm definitely in that camp too.

Andrew: Nice. So Sue, do you have a controversial food that comes to mind?

Suzanne: Yeah, it's something you mentioned earlier, and I have a friend, who we have fights about it, because he hates it and I love it. And it's cilantro.

Andrew: Cilantro.

Suzanne: Or coriander, right?

Andrew: Yeah. So what is the distinction there? Coriander, I think is the seed, right? And cilantro is the herb, right?

Suzanne: Yeah.

Andrew: So the green part. And cilantro is yeah, it's a plant. It's a herb. And it's commonly found in what Mexican food and maybe some Southeast Asian food as well. Vietnamese.

Suzanne: Yeah. And Thai food for sure. Yeah, I make a lot of curry in my house, because we just love it. And I put cilantro as a topper with some lime.

Andrew: Nice.

Suzanne: But for sure. Yeah, it's definitely yeah, some Central American food and also in certain Asian dishes as well.

Andrew: So I think we're both in agreement here as well about cilantro that we both love it.

Suzanne: I love it.

Andrew: So do you know why some people don't like cilantro?

Suzanne: I do. And it's because of my friend. My friend has told me that it makes like a metal taste in his tongue. I don't know if this is true. But I heard that it was a genetic thing where some people have this enzyme, where when they eat certain foods like cilantro, it creates a chemical reaction in their mouth, or a flavour, a taste that can resemble metal.

Andrew: Yeah, that's what I've heard as well, metal flavour, or almost like a soap flavour like you're eating soap. I've heard some friends that don't like cilantro describe it as that. And yeah, that's exactly what I've heard as well, that it's some kind of genetic or enzyme that some people have and others don't. And depending on if you have it or not, you're going to probably be predispositioned to like cilantro or not like cilantro.

Suzanne: Yeah.

Andrew: So maybe for this one, you know, when my friends don't like cilantro, I always tease them a little bit. Like come on, how can you, it's so delicious. How could you not like it? But maybe that is unfair, because it's not just like opening your mind to a new food if you have this kind of genetic predisposition to not like it. Then you can't really get over that perhaps. All right, so we're gonna wrap things up here in just a moment, everyone, but before we do I have one more food that I want to throw out. And when I mean throw out, I don't mean dispose in the garbage. I mean, throw out into the conversation for us to discuss. And it's a good, well, Suzanne, this is a perfect food for you because you have an Italian background, an Italian heritage. And this is an Italian food. And also this specific style of the food was created in Canada, and you're in Canada right now. It is Hawaiian pizza. Hawaiian pizza.

Suzanne: No, no, no, no.

Andrew: For everyone who's listening right now, Suzanne is shaking her head wildly, left to right, indicating that she doesn't like it. Suzanne, why, why not? What's wrong with Hawaiian pizza?

Suzanne: I don't care for the pineapple on my pizza. I like sweet and sour and sweet and salty. I do like that kind of combo usually. But there's something about the sauce, the cheese, like I don't know. I think there's just too much acid.

Andrew: It is a little tart.

Suzanne: Yeah, I'm not a huge fan of ham either. I'm not a big ham person on pizza. So that plus the pineapple, just thinking about it, my stomach is like doing flips.

Andrew: Yeah, I can see I can see the expression on your face doesn't look too happy about talking about Hawaiian pizza. But we finally found an area that we disagree because I actually really like Hawaiian pizza. It's maybe not my favourite, but one of my top three. And I'm with you on the ham. The ham part is a little strange. I could do without the ham, but the pineapple I really love. There's something about it. It just really works well with the other flavours. As strange as it seems, like, tomato and cheese and pineapple seems on paper to be, you know, a terrible idea, but in reality, at least in my mouth, it's a very good combination. And I love it. I actually lucked out the other day because my girlfriend and I ordered a pizza. And we did a half-half pizza. So one half was her choice and one half was my choice. And I ordered Hawaiian, and she ordered something else, some vegetable combination something. And, you know, I asked her oh, could I try your pizza too? Could I have a slice of yours? She was like, yeah, yeah, go ahead, whatever. Eat as much as you want. So I had a couple of pieces of hers. It was very good. Thinking that she liked Hawaiian pizza, I for some reason, I thought that she loved Hawaiian pizza, I could swear that we have eaten it together before because it's my favourite kind. So, you know, I ate probably more of her share of the pizza than I should have. But I was saving some of mine for her. I thought I will eat yours. You eat mine. We share, it's all good. And then she was like, oh, you remember that, I don't like Hawaiian pizza, right? And I felt so bad. I ate too much of her pizza. But in the end, it was OK, because she said she was kind of full. And it meant that I had more pizza for myself.

Suzanne: But that's awesome when you have someone who doesn't like foie gras, for example. In our house, I'll have a little bit, but pretty much Olly knows that he's gonna get to eat all of that. And enjoy it, you know. So sometimes it's nice.

Andrew: Well, listeners, thank you for tuning in and studying English with us today. That brings us to the end of this episode. So just to review what we talked about, we talked about some of the controversial foods that are out there. And we focused on cilantro, and mint chocolate chip ice cream, spinach, and Hawaiian pizza. And Suzanne, I guess overall, our tastes are pretty compatible.

Suzanne: Yeah, and if we ever order a pizza, you can totally have all the pineapple.

Andrew: I love it, perfect. If you like Culips, if you learn a lot with us, and if you enjoy studying English with us, then please support us. There are several ways that you can do

that. The best way is actually to sign up and become a Culips member on our website Culips.com. Becoming a Culips member gives you unlimited access to our study guide library, and much, much more. To learn about all of the perks of being a Culips member and to sign up, just visit our website Culips.com. But that's not the only way you can support us. You could also tell your friends who are learning English about us, follow us on social media, or leave us a five-star rating and review on Apple podcasts or wherever you get your podcasts. We'll leave at here for now. But we'll be back soon with another brand new episode and we'll talk to you then. Goodbye, everyone.

Suzanne: Bye, guys.

Detailed Explanations

Hater Noun

A **hater** is someone who dislikes a person or thing and says negative and discouraging comments about what they dislike. **Hater** can be used by itself, like in this episode when Andrew talks about how some of his students are **haters** of mint chocolate chip ice cream. **Hater** can also be used in combination with another noun. You can say your friend is a **dog-hater**. In this example, **hater** is combined with dog to become the compound noun **dog-hater**, which means hater of dogs.

Here are a couple more examples with **hater**:

Camilla: OMG! *Dynamite* is playing on the radio. I love BTS.

Reina: Ugh. Not this stuff again.

Camilla: Stop being such a **hater**. You haven't even listened to any of their music, so you don't even know whether you like them or not.

Reina: It's just not my style.

Camilla: How do you know if you've never listened?!

Reina: I just do. OK?

Ryan: Are you guys ready for this? We go on stage in 10 minutes.

Corey: I think I'm going to be sick. What if we get booed off the stage?

Ryan: Come on, man. We're going to do great. Don't worry about the **haters** and just focus on making sure everyone has a good time and enjoys the music.

Corey: OK, OK. I can do this. We can do this. Let's do this!

Control freak

Noun

A **control freak** is someone who feels that they need to take charge of every situation. A **control freak** is the opposite of an easy-going person. A **control freak** gets upset if things don't go exactly as planned. In other words, if a **control freak** loses control of a situation, it makes them extremely uncomfortable both emotionally and psychologically. In that sense, they will freak out. **Control freaks** may have some sort of psychological issue that makes them so afraid of losing control, similar to how a person may suffer from OCD or someone who is a bit of a perfectionist.

Here are a couple more examples with **control freak**:

Clara: Ughhh. I'm so excited for this wedding to be over.

Sarah: This is supposed to be your special day. Why do you want it to be over?

Clara: Don't get me wrong, I am so excited to marry Dante, but his mom is such a **control freak**. She literally hates every idea I've ever had about this wedding and made me change it.

Sarah: Like how?

Clara: My wedding dress for one. She made me buy a new one, because she said the first one wasn't classic enough. She also changed the wedding venue, because she said the first place we picked gave her a weird vibe. And she made me pick new flowers, because the ones I picked gave her dog allergies.

Sarah: She even made you change the flowers because her dog is allergic? That's crazy!

Richard: Dude, where are you? We were supposed to meet at the bar an hour ago.

Arlo: Sorry, bro. My new boss is a total **control freak**, and if I don't have everything prepped for tomorrow, she'll fire me for sure. I'll be done here in about 10 minutes, and then I'll head to the bar.

Richard: That sucks. Well, hurry up. You promised to be my wing man tonight and I need you.

Squeamish

Adjective

To feel **squeamish** is to feel sick, faint, or disgusted by something. Feeling **squeamish** is similar to feeling queasy, a feeling like you're about to throw up. In this episode, Suzanne says she feels **squeamish** when thinking about eating certain meats, like snails or frog legs. Anything that makes you wrinkle your nose, makes your stomach turn, or makes you feel sick is something that makes you **squeamish**.

Here are a couple more examples with **squeamish**:

Isaiah: Why are you in such a good mood?

Derek: I'm excited for science class today.

Isaiah: Why? What's happening?

Derek: You don't remember? We're drawing blood today and looking at it under a microscope.

Isaiah: Oh man. I'm going to the library today then. I get totally **squeamish** at the sight of blood.

Sally: Mom, will go in the butterfly house with me?

Mom: Sorry, sweetie. I won't be going in there any time soon.

Sally: Why not?

Mom: Butterflies make me **squeamish**. Why don't you ask your father to go in with you? I'll wait outside with Charlie.

Sally: Oh, OK. You know butterflies can't hurt you, right?

Mom: Yeah, I know. I just don't like the idea of them flying in my hair or landing on my body somewhere.

To go out of [one's] way Idiom

To go out of [one's] way is to make a special effort to do something. In this episode, Andrew says that there are some foods that he will eat, but he would never **go out of his way** to eat them. In other words, if Andrew is not a big fan of sushi and someone offered him sushi, he would eat it. However, he would never spend his own time and money to go buy some for himself. He wouldn't **go out of his way** to get some sushi. In this expression, way is like the normal routine or the normal preference someone has. So if you **go out of your way** to do something, it means you're making a special effort to do something because it means a lot to you.

Here are a couple more examples with **to go out of [one's] way**:

Margaret: Did you buy butter like I asked you?

Darryl: Oh, I'm so sorry. I completely forgot. Do you want me to go back to the store now and pick some up?

Margaret: No, that's alright. **You don't have to go out of your way** to get it. I don't need it until tomorrow. I can pick some up on my way home from the office.

Darryl: Sounds good. Sorry again for forgetting. It completely slipped my mind.

Margaret: No worries.

Alexis: How was that new Thai restaurant downtown?

Isabella: Oh, it was alright. The food was pretty good, but a bit pricey.

Alexis: Do you think I should check it out?

Isabella: I wouldn't **go out of my way** to go there if I were you, but if you happen to be downtown someday, it might not be a bad idea to check out the lunch specials.

Alexis: OK, I'll keep that in mind. Thanks for the heads-up.

Upscale Adjective

Something that is **upscale** is expensive, luxurious, and built to cater to wealthy consumers. **Upscale** usually refers to places frequented by the upper-class, such as **upscale** restaurants, hotels, and boutiques. **Upscale** establishments are all about creating a luxurious, high-end, sophisticated atmosphere.

Here are a couple more examples with **upscale**:

Bella: Where's Gloria? Weren't we supposed to meet at 11:00 for brunch?

Steph: Oh, she's coming. She just stopped in at the new **upscale** baby boutique around the corner.

Bella: Gloria is so funny. She refuses to get her haircut more than once a year because it costs too much, but she'll gladly spend her entire paycheck on brand-name clothes for her son, who will likely grow out of them within a year.

Steph: What can I say? She's a new mom. Plus, she needs outfits for him to model for her Instagram account.

Gina: Have you ever stayed in a fancy, **upscale** hotel?

Elle: Only once for my honeymoon. It was glorious.

Gina: Really?

Elle: Yes, the bed felt like sleeping on a cloud, and the view of the ocean from the balcony was absolutely stunning. Plus there was a Jacuzzi inside the room, and they gave private massages upon request.

Gina: Wow, it sounds like heaven.

Elle: It really was. I actually won the cost of the trip by answering questions on a radio show. It was totally awesome.

Go-to Noun

If something is your **go-to** then it is something you prefer to have over anything else in any given situation. In this episode, Andrew says that mint chocolate chip is one of his **go-to** flavours, meaning he often prefers mint chocolate chip when he goes to an ice cream shop. In other words, when giving a choice, he would choose that one.

You can have a **go-to** for any occasion, like your **go-to** camping place or your **go-to** restaurant. Anything you regularly use or any place that you regularly frequent can be called you **go-to**.

Here are a couple more examples with **go-to**:

Hugh: So what do you recommend here?

Carson: Well, everything's delicious, but the Tex-Mex burger is my **go-to**. It never lets me down.

Hugh: Alrighty then. I'll order the Tex-Mex with cola and extra fries.

Carson: Sounds great. Let's order two.

Rhonda: Oh no! My nail just broke. What a bummer.

Freida: Here, call this number and set up an appointment. This salon is my **go-to**. The girls there are amazing.

Rhonda: Wow, thanks!

Freida: No problem. Tell them you're a friend of mine. They'll probably give you a discount.

Rhonda: Sweet!

Quiz

1. What is the best word to fill in the blank? “The sight of blood makes me _____. I feel like I’m going to throw up.”
 - a) squeamish
 - b) joyful
 - c) confused
 - d) exhausted

2. What do you call someone who is always trying to take charge of a situation?
 - a) a command junkie
 - b) a control freak
 - c) a leader addict
 - d) a bookworm

3. Fill in the blank. “The opposite of a fan is a _____.”
 - a) admirer
 - b) groupie
 - c) hater
 - d) maniac

4. Which of the places below would be considered upscale?
 - a) a drive-in motel
 - b) a fast food burger place
 - c) a stationery store
 - d) a five-star restaurant

5. Which of the choices below is an example of going out of your way to do something?
 - a) picking up milk on the way home from work
 - b) cleaning the dishes
 - c) driving two hours in the opposite direction to eat at your favourite restaurant
 - d) taking your dog for a walk

Writing and Discussion Questions

1. Which foods in your country are either loved or hated? How do you feel about them?
2. How do you feel about the foods discussed in this episode? Are you a fan of mint chocolate chip ice cream? Cilantro? Spinach?
3. What is your go-to order at your favourite restaurant? Why?
4. Are you a control freak? Do you know anyone who is? Talk about it.
5. Have you ever stayed in an upscale hotel or gone to an upscale restaurant or boutique? What was it like?

Quiz Answers

1. a 2. b 3. c 4. d 5. c

Episode credits

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