

Simplified Speech #114 – High school electives

Episode description

Brrriiinggg! There goes the school bell. In this Simplified Speech episode, Andrew and Kassy look back on their high school days to talk about all of the interesting high school electives available in their schools in Canada and the U.S.

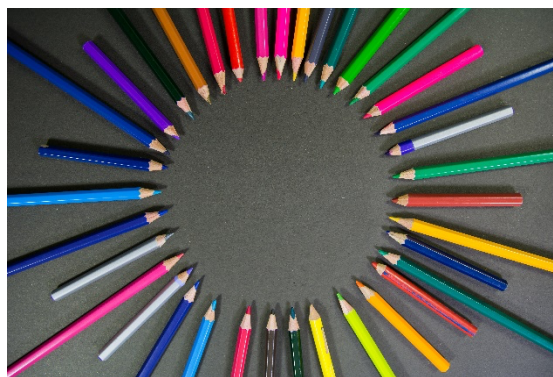
This episode is chock-full of natural English expressions to boost your English fluency to the next level. Tune in to not only improve your English listening skills, but also to learn about some of the interesting classes available in Canadian and U.S. school systems.

Fun fact

High school electives, classes that students choose outside their core curriculum, help students find hidden talents or passions that might otherwise have gone undiscovered. Being able to choose which classes they want to take gives students more autonomy over their learning, making them more motivated to succeed in the classroom and more interested in the class material. Electives offer students the ability to seek out interests that will help them decide what career goals they want to pursue after graduation.

Expressions included in the study guide

- The sky's the limit
- Packed
- Well-rounded
- To set foot in
- Girly girl
- Gifted
- To run [something] by [someone]



Transcript

Note: The words and expressions that appear in **bold text** within the transcript are discussed in more detail in the Detailed Explanations section that follows the transcript. The transcript has been edited for clarity.

Andrew

Hello there, everyone. My name's Andrew.

Kassy

And I'm Kassy.

Andrew

And this is the Culips English Podcast. Welcome back to Culips, everyone. Today we have a Simplified Speech episode for you. Now if you don't know what that is, let me explain. It is the Culips series that features clear, natural, and easy to understand conversations about an interesting topic. And today's interesting topic was suggested to us by my co-host Kassy, who has joining me here right now. Hey, Kassy, what's up?

Kassy

Hey, nothing much.

Andrew

And Kassy, you suggested that we talk about high school electives and compare some of the different ones that students can take in both Canada and the USA. So we'll get to that topic in just a moment, I think it will make for a fascinating conversation. But before we do, we have some business to take care of. First up is the shout-out. So we always like to give a shout-out to one of our listeners who supported us by leaving a nice review or comment or rating online. And this week, one of our listeners from the USA, Reviewer, left us a review on Apple podcasts saying that we are the best in the world. Thanks a lot. So Reviewer, thank you for that kind review on Apple podcasts.

And everyone else if you learn a lot with Culips, and you find us useful and interesting and educational, then we would really appreciate it if you also left us a five-star rating and a review on Apple podcasts or wherever you get your podcasts. But of course, that's not the only way to support us. You could also become a Culips member. And when you become a Culips member, you get unlimited access to all of the transcripts and study guides for each and every episode. And that's not all, we also have a bonus members only series called the Fluency Files. And you get an invitation to our monthly live streams as well. By the way, Kassy, I'll be hosting the live stream tomorrow, for this month. Of course, listeners, by the time this episode comes out, that live stream will be finished. But you can join the next one for the upcoming month. So to sign up and become a Culips member and support the work that we do here at Culips just visit our website Culips.com.

All right, business has been taken care of. Kassy, we can get into the conversation for today.

Kassy

OK, let's get started.

Andrew

Yeah, I think we should start with this word, elective. It might be new to some of our listeners. So could you break it down? What exactly is a high school elective?

Kassy

So first, I think we should talk about the two different types of classes. In high school, you have your required core curriculum. So that's like reading, math, social studies, science. And then you have your electives, which are kind of fun, unique classes that you get to choose to put into your schedule. This could range from art classes to special computer science classes to music classes, physical activities, like weightlifting. **The sky's the limit**, really.

Andrew

Yeah, there are so many electives. And I did a little research for this episode by checking the website of my high school. And I realized that whoa, times have really changed in the, the... How long has it been now? Eighteen years since I graduated high school. Times have really changed, and there are so many really cool electives these days that students can take at my old high school that just weren't an option for me. We'll get to those in just a moment. Maybe first we should talk about the elective classes that you took, Kassy. What did your elective schedule look like?

Kassy

I was a bit of a nerd. So I **packed my schedule**. I did not even take lunch when I was in high school.

Andrew

What? Wow, you were a nerd.

Kassy

I was. The thing was though, I was a very **well-rounded** nerd. So I didn't just focus on, you know, math and science electives. I took extra science classes. I took computer science classes. But I also took some screen printing classes. So I learned how to, you know, design T-shirts and make them, and I learned how to use Photoshop. I took a functional design class, which was like jewelry making, totally not my style, but it was interesting. I took a woodshop class. So many, it was really cool.

Andrew

So your school had a woodshop, as well. So did mine. And in fact, my high school had a whole wing that was dedicated to the trades. So there was an automotive garage, where

you could go to learn how to fix cars, and there was a metal shop where you could do metal fabrication, learn about metal fabrication. There was a woodshop, where you could learn how to build furniture and improve your woodworking skills. We even had a race car that the school sponsored and students in the automotive program could work on that race car, and that is what they did. Of course, the school didn't have a driver. The driver was like an older guy that would drive the car. But the students were responsible for maintaining that car. So there's a whole wing of the high school that was devoted to this kind of thing. However, I realized when I was on my school's website the other day that I didn't even **set foot in** this wing of the school, like not once did I walk into that area, because I just never took any classes there. And there was never any reason for me to go there.

Kassy

What a missed opportunity, Andrew.

Andrew

I know, in retrospect, I think some of those skills would be really good to have. And it was kind of a missed opportunity. But I did get to take advantage of some of the other really cool classes that my school offered. Of course, I've always been into music. So I took band. I was in the high school band, not really like a rock band. It's more like orchestra.

Kassy

A marching band. Orchestra, yeah.

Andrew

I can't say it's an orchestra because I don't think we had any string players. It was like woodwinds and horns, and I was in the percussion section. So I played drums and timpanis.

Kassy

I could totally see you playing the drums, Andrew.

Andrew

Yeah, I was a drummer. So I did that for my arts elective. Like you, Kassy, I was also a nerd, probably still am, and I took a lot of extra humanities electives. So I took one class, which was called comp civ, which was comparative civilizations where we compared and contrasted different ancient civilizations and learned about them.

Kassy

Oh, that's cool.

Andrew

That was a cool class. We are required to take an English class to graduate. But I took an additional English class called English lit., where we learned about the history of England, really. The history of the UK and studied its literature at the same time.

Kassy

Yeah, I think that's one thing that North American kids are really fortunate to have, like this opportunity. I've noticed in Korea where we live, and then also some of my students are from other countries, like the Middle East and other parts of Asia. And a lot of them kind of complain about how their classes are, you know, made for standardized testing, or just to prepare them for the workforce. And, you know, as a kid, you just want to have fun sometimes, right? And having these electives, the ability to choose what you like or go outside your comfort zone is really cool.

Andrew

Yeah, yeah, for sure. And, you know, when you are in high school, you're 15, 16, 17 years old, and you're starting to think about what am I going to do in the world. What's going to happen when I graduate? And having these kind of elective classes really gives students an opportunity to get some firsthand experience to see if they would like to do something like that for a career, right? If you take a carpentry class or a woodworking class, you can find out if that is a good fit for you or not. So, yeah, I found out that studying English lit. wasn't a good fit for me or studying comparative civilizations. I mean, I did end up to go do a double major in history and English in university, so maybe.

Kassy

So what do you mean it's not a good fit, Andrew?

Andrew

And now I'm an English teacher. So maybe, maybe that was kind of the first thing that put me on this path towards teaching English. Who knows?

Kassy

Yeah, I agree. And I think it really introduces you to hobbies that you might not even like imagine you would do. For example, when I joined that jewelry making class, I was not a **girly girl** in high school, like I was a tomboy. I was wearing jeans and sweatshirts, hated makeup and jewelry. But I had such a fun time in that class, didn't help me at all in my future. But it was so relaxing. And I met students that I'd never talked to in other classes throughout the day. It was a really cool experience.

Andrew

Yeah, I think that's another really good point that you just mentioned, is that you were able to relax and have some fun by going to that class in the middle of the day. And I remember that too, with some of my electives, you'd be like, sitting in math class, and then you're like, oh, at least my next class is band, I can go and bang on the drums for a little bit. I don't have to worry about studying for the rest of the afternoon. So yeah, you get a little bit of a break, you get to meet other students, you get to experience something new. And, you know, you also don't really have to stress too much about getting a high grade in that class. Of course, those classes still do count towards your overall GPA, which is important. But, you know, if I didn't do very well, in one of my electives, it's not like my parents were

screaming and yelling at me or anything like that. Whereas, you know, the core classes, it's really important that you maintain a high GPA for future academic work.

Kassy

Yes, that's right. And then I think, especially for art students and music students, a lot of these electives are an amazing opportunity to build portfolios for university. We had a bunch of kids in my high school taking sculpture classes, figure drawing, you know, like, specifically to build their portfolios for their future.

Andrew

Yeah, that's really, really cool. Now, did you take any other electives that you can remember, Kassy?

Kassy

I think this is also so obscure. But one of my favourite electives, I took junior year of high school and it was, you know, I don't remember the name. But it was like commercial design. It was an art class, specifically for designing logos and brands like Coca-Cola, you know, they have that curly "C" brand.

Andrew

So kind of graphic design class?

Kassy

Yeah, graphic design, but only for businesses, like so if I was pretending to build like a, I don't know, car company, maybe I would make letters that were really zigzaggy to show the speed.

Andrew

That's cool. That's really awesome.

Kassy

Andrew, how about you? What was your favourite elective?

Andrew

My favourite elective. I really enjoyed the info tech class, which I think I've mentioned on the podcast before. The reason for that is that all of my buddies were in that class. And I took that class in grade 11. So that would have been 2001. And the Internet that was still kind of early days for the Internet. Like we had an elderly teacher, he was like, probably in his 60s, maybe not elderly, but he wasn't a young teacher. And he didn't know what was going on. And so we could just have so much fun playing games and messaging each other and doing all the crazy behind the scenes things on the computers with each other. So it was it was really just like hanging out and having a network LAN party with my friends for an hour and a half. We'd just like play games. And he didn't know what was happening. So that was really, really fun. I remember just having a lot of good times in that class.

Kassy

Andrew, that reminds me actually, my cousin in America is in ninth grade right now. So he had to choose a couple of electives this year, but he's online because of you know, COVID everything. He decided to take a woodshop class like I did in high school. But it's online. I realized that this year, electives are kind of screwed up because of this whole social distancing thing. He says that his woodshop teacher is also in his 60s, doesn't know anything about technology. He gets into these classes and the teachers like, "OK, everyone. Today, you will write an essay on your favourite type of wood. Go!"

Andrew

And then next week, you have to write about your favourite power tool or something. Kassy, there's one last thing I want to bring up with you before we finish. And you know, I guess I told a lie, because you asked me what my favourite elective was. And I said info tech, info technology. But if I was really being honest with you, I would have said that my favourite elective was my spare. And I had two spares in my grade 12 year, in my final year. It was sweet. I had enough credits that I met the requirement. And a spare is just a free empty period, where you have no class. And because I had enough credits already, I didn't have to fill those periods with the class. And sounds like Kassy, you would have filled those free periods with an elective, but I chose to have a spare and have some free time instead.

Kassy

They were called tutorials in my school. I think some years we had to have them. So everybody got one, the last period of the day was like working on homework or something like that. But if you were in band or orchestra or part of the musical, you would meet during that time, and I was in band and chorus. So I didn't have a tutorial most days.

Andrew

It's too bad. We had a rotating class schedule as well. So there were eight class periods and they would switch all the time. Every day was a different order. And so then some days, both of my spares would be in the morning, or both of my spares would be in the afternoon.

Kassy

That's nice.

Andrew

Yeah, that meant I could come to school late or go home early. So it was really awesome.

Kassy

I should have done that, looking back on it.

Andrew

Just before we wrap things up, I want to go over those electives that kids these days get to take at my high school.

Kassy

Oh, cool.

Andrew

I want to know if this is a class that you'd be interested in taking or not, OK?

Kassy

OK.

Andrew

I'll **run these by you**. Mountain Biking. Outdoor Ed.

Kassy

I would totally be interested in that.

Andrew

Yeah, Outdoor Ed. So I think survival skills, learning about survival skills.

Kassy

Building fires, tying knots, very cool.

Andrew

Science for Citizens.

Kassy

What does that even mean?

Andrew

I think this is a class that would have been perfect for me. It's like science for non-science driven people. Of course, I like science, but I'm not very **gifted** in understanding science. So this is like science for regular folk, I think instead of scientists, would have been perfect for me. My high school now has an Asian studies class, and also a genocide studies class.

Kassy

Wow, that's, that would be deep, very deep.

Andrew

Very deep class. We have an Indigenous studies program as well, learning about the First Nations people and their culture in Canada. And also, there's a whole bunch of Indigenous and First Nations courses, including the language of the Okanagan Valley, which is where I grew up, the Okanagan language. It's a variety of the Salish language, and we have that class. So you can take an Okanagan language class and learn about the original language of the people where I grew up. We also have an American Sign Language, French,

German, and Japanese. Oh, and Spanish, too. There's so many language classes at my high school.

Kassy

You didn't have that when you were in high school?

Andrew

We had French and German, and I think that was it. I took German. Yeah, so lots of options these days. There's also a media studies class, a medieval armory class, and an electronics and robots class.

Kassy

Ah, yep. Designing and building robots, what? Nothing's cooler than that. I mean, come on.

Andrew

Yeah. So I have to be honest, I'm a little bit jealous of students these days. They have lots of cool options. High school is a difficult time in a young person's life. But I think having these kind of cool, fun classes to take helps make high school a little bit more of an enjoyable experience.

Kassy

I totally agree.

Andrew

So we'll leave it at here for today. But thanks for listening and studying along with us, everyone. Just to summarize what we talked about today, we discussed high school elective classes. And elective classes are the optional classes that you can take when you are a high school student.

If you enjoyed this episode and learned a lot and found it educational and entertaining, then please support us. And you can do that so many different ways. You can leave a nice review on Apple podcasts or wherever you get your podcasts. You could become a Culips member and support us that way. But that's not the only way. You could also tell your friends who are learning English about Culips or also follow us on social media. Our email address is contact@Culips.com. And if you have any questions or comments, please get in touch with us. We read all of our emails and respond as soon as we can. And we'd love to hear from you, guys, tell us about high school electives in your country. Do you have these kind of programs like Kassy and I do at our high schools or do you have a different way of educating high school students? Let us know what it's like where you live. So that's it for today. But we'll be back soon with another brand new Culips episode and we'll talk to you then. Goodbye.

Kassy

Bye.

Detailed Explanations

The sky's the limit

Idiom

The sky's the limit means that anything is possible, that you can accomplish anything you set your mind to. People often use the phrase **the sky's the limit** to encourage people to take risks and go for big dreams. **The sky's the limit** means that the possibilities are endless and no goal is impossible.

Here are a couple more examples with **the sky's the limit**:

Lilly: Mommy, I want to be famous someday. Do you think I can do it?

Mom: Sure, why not? If you work hard enough and if you're willing to take some risks, anything's possible. **The sky's the limit.**

Lilly: You really mean it?

Mom: I'm not saying it will be easy, or that you won't fail once, or twice, or even a dozen times along the way. But if you really want something, you'll find a way to get it. And I'll be there to help you along the way.

Myles: OK, honey. What would you like to order?

Gabriella: I'm not sure if I want the oysters or the cream pasta.

Myles: Why don't you order both?

Gabriella: Both? Isn't that a bit expensive?

Myles: We're celebrating our anniversary. Order whatever you like. **The sky's the limit.**

Gabriella: OK. In that case, I'll order both. And I'm getting that dark chocolate cake for dessert as well.

Myles: Excellent choice, my love.

Packed Adjective

To be **packed** is to be completely filled. In this episode, Kassy mentions that she had a **packed schedule** in high school. In other words, she had a very busy schedule in school, with no free periods throughout the day. **Packed** is used to describe anything that is filled to capacity. For example, a **packed** bus is crowded with people. A **packed** theater has no empty seats.

It's also common to use **packed** in the phrase **packed full of [something]**, meaning completely filled with something. For example, fruit smoothies are **packed full of healthy vitamins and minerals**.

Here are a couple more examples with **packed**:

Nadine: Want to go with me to the salon this week and get our nails done?

Jamie: Sorry, girl. My schedule is completely **packed** this week. The deadline for our latest project is on Monday, so we're all working overtime to get it finished.

Nadine: No problem, I can wait. We can go together sometime next week. It'll be a treat for all your hard work.

Jamie: That sounds amazing. Let's plan for Wednesday.

Nadine: Can't wait!

Easton: How was the concert last night? I wish I could have been there to support you guys.

Elijah: Man, it was completely **packed**. It was standing room only.

Easton: That's amazing!

Elijah: I know. We couldn't believe it either. Apparently, one of our fans is Instagram famous or something. She made a post about the concert and a ton of her followers showed up to check it out.

Easton: That's seriously awesome.

Well-rounded Adjective

A **well-rounded** individual is someone who has knowledge and experience in a variety of different areas. For example, someone who is particularly good at art, but poor in most other subjects is not **well-rounded**. However, someone who has relatively good grades in all their classes, participates in club sports, and plays an instrument would be considered **well-rounded**. A **well-rounded** person does not have to be exceptionally talented at a lot of different things. Just being exposed to a lot of subjects and activities is enough to make someone **well-rounded**.

Here are a couple more examples with **well-rounded**:

Laurel: Don't you think you're packing your schedule with too many art classes? Maybe you should diversify a bit.

Chloe: I think this idea of being a **well-rounded** student is a total scam. In order to stand out these days you need to be really focused and unique. Taking another math class is not going to help me get into art school.

Laurel: I guess so, but isn't it a good idea to take some other classes in case you need a plan B?

Chloe: There is no plan B for me. I am going to art school. It's been my dream for as long as I can remember. Backup plans are for people who aren't confident enough in their abilities.

Garth: I'm sorry, Violet, but I don't think you'll be a good fit for our program.

Violet: Ah, I see. If you don't mind me asking, why are you rejecting me?

Garth: There's nothing wrong with you per se, but we're looking for students with a more **well-rounded** education. It says here that you didn't participate in any after school activities, and the only club you're involved in is the poetry club. Your transcript and test scores are impressive, but that's not enough to make up for your lack of extracurriculars.

To set foot in Phrase

To set foot in a place is to go into a place, and the phrase **to set foot in** gives a special emphasis to why that place is important. For example, if you say you would never **set foot in** a place, that means that you would never go there. Likewise, if you say it was your first time **setting foot in** a place, that means going there for the first time might have special significance in your life.

Here are a couple more examples with **to set foot in**:

Danny: Are you ready to head in?

Crystal: Yep. Doesn't it feel so weird being here? I haven't **set foot in** my high school since graduation.

Danny: Me neither. I don't know why, but it seems smaller than I remember.

Crystal: Well, you were like four inches shorter back then.

Danny: That's true. I was such a late bloomer. I'm happy I finally shot up those last few inches the summer before starting college. I would have been the shortest freshman on campus if not for that.

Ian: Do you want to go to that steakhouse in Truville tonight?

Sandy: No way! I used to work there. After I quit, I promised myself I wouldn't **set foot in** that place ever again.

Ian: Wow, your job must have really sucked.

Sandy: It really did. I quit after the management made me cry for the third time. Those were the worst six months of my life.

Ian: Then how about we head to Tony's for pizza instead?

Sandy: Now that's a much better idea. Let's go!

Girly girl

Noun

A **girly girl** is a girl who loves traditionally girly or feminine things, such as dresses, make-up, the color pink, perfume, and talking about boys. The term **girly girl** can be used in a positive or negative way depending on the context of a situation. For example, if you call someone a **girly girl** in a negative way, you are implying that she cares too much about her looks and is always seeking male attention. However, a girl could be described as a **girly girl** in an endearing way if she always dresses in a cute manner and embraces her femininity. On the other hand, girls that like to act more boyishly are known as tomboys.

Here are a couple more examples with **girly girl**:

Francine: Oh my gosh! Allison, is this you?

Allison: Yes. I was 10 years old when that picture was taken.

Francine: You were such a **girly girl**! I don't think I've ever seen you wear a dress.

Allison: Yeah. Weird, huh? I went through a princess phase in elementary school.

Francine: I never would have guessed. Can I have a copy of this picture?

Allison: Absolutely not!

Jamie: What do you think of this dress for my interview?

Patty: I don't know. I don't think you should dress like a girly girl. You should look more mature and professional for your interview.

Jamie: What? Are you saying pink isn't professional? Does being professional mean that I have to dress in drab colourless clothes? If that's the case, I don't want any part of it.

Patty: Well, it's your interview. You can wear whatever you want. You're the one who asked for my opinion.

Gifted Adjective

Someone who is **gifted** has exceptional talents or outstanding abilities. For example, someone who is really good at violin is a **gifted** violin player. The word **gifted** usually refers to talents that come naturally to an individual from a young age. For example, a chess prodigy is a **gifted** chess player. There is a variety of domains that one could be considered **gifted** in, but some common traits among **gifted** individuals include high-intellect, the ability to focus on one task for long periods of time, and a thirst for knowledge.

Here are a couple more examples with **gifted**:

Dathan: Have you seen the new student yet?

Chris: No. Why?

Dathan: I heard she's this super smart math whiz. Apparently, she went to this special school for **gifted** kids before coming here.

Chris: Dude, what's she doing at our school then?

Dathan: It's just a rumour, but I heard she hated the stuffiness of her old school. Apparently, she wanted to go somewhere more normal.

Chris: Well, you can't get any more normal than our school. How did you hear about all this so quickly anyway?

Dathan: I make it my mission to know about all the cute girls in our school.

Trina: Are you trying out for the musical this year?

Jade: I don't know. I don't really think I'm good enough.

Trina: C'mon, girl. I got one of the lead roles last year, and you're a way better singer than I am. If you remember, I wasn't exactly **gifted** in singing when I first started, but I didn't let that stop me. If I can do it, so can you.

Jade: I guess. You just have so much more confidence than me. Confidence is better than whatever natural talent I might have.

Trina: Then I'll just have to help you boost your confidence!

To run [something] by [someone]

Idiom

If you **run [something] by [someone]**, you are telling someone about it to see if they think it's good or to make sure they approve. For example, if a teenager wants to make plans with her friends, she must first **run it by her parents** before she can go. In other words, she needs to let her parents know what she plans to do and get their approval.

Likewise, you can use the phrase **to run [something] by [someone]** when you want to know someone's opinion about something. In this episode, Andrew has a list of interesting new high school electives that he wants to **run by Kassy**. He wants to know what she thinks about them.

Here are a couple more examples with **to run [something] by [someone]**:

Manny: Hey, Dad. I just finished my presentation for speech class. Would you mind if I **ran it by you**? Can you tell me if it sounds good or if I need to change something?

Dad: Yeah. No problem, son. Let me just finish up here in the garage real quick. I'll be inside in 15 minutes.

Manny: Thanks! I'll wait for you in the kitchen.

Kara: So I was thinking, why don't we plan a joint family vacation this year? Since we both go to the same beach every year anyway, why don't we go the same week and split the cost of the beach house rental? It will be a great opportunity for the kids as well.

Gina: Wow, that sounds like an amazing idea!

Kara: I know, right? I was thinking we could go the last week of June through the first week of July so that we could be there for the 4th of July celebrations.

Gina: Perfect! Let me **run it by my husband** this weekend. After that, we can start planning the trip in more detail.

Kara: Sounds great. I've already **run it by Rob**. He's really happy about the idea.

Quiz

1. **True or false? To be well-rounded means that you are extremely talented or knowledgeable in one specific area.**
 - a) true
 - b) false

2. **Which of the words below is a similar word for gifted?**
 - a) greedy
 - b) talented
 - c) extreme
 - d) expensive

3. **Which words complete the phrase “_____ the limit”, meaning anything is possible?**
 - a) the sky’s
 - b) the mind’s
 - c) without
 - d) endlessly

4. **What clothes might a girly girl typically wear?**
 - a) a hoodie and sneakers
 - b) jeans and a grey sweater
 - c) a pink skirt and a floral blouse
 - d) a black dress suit and high heels

5. **Why might you run something by someone? Choose all that apply.**
 - a) you want to let someone know how much they mean to you
 - b) you want to know their opinion about something
 - c) you are in a hurry to give something to someone
 - d) you want their approval of something

Writing and Discussion Questions

1. Which elective was your favourite in high school and why?
2. What other unique or interesting electives did they offer in your high school?
3. What was the most popular elective in your school? Why was it so popular?
4. Did you have a gifted program in your school for high-ability, high-achieving students? Do you remember the smartest person in your graduating class?
5. Were your friends more girly girls or tomboys when you were growing up?

Quiz Answers

1. b 2. b 3. a 4. c 5. b,d

Episode credits

Hosts: Andrew Bates and Kassy White

Music: *Something Elated* by Broke For Free

Episode preparation/research: Andrew Bates

Audio editor: Kevin Moorehouse

Transcriptionist: Heather Bates

Study guide writer: Kassy White

English editor: Matty Warnock

Business manager: Tsuyoshi Kaneshima

Image: GR Stocks (Unsplash.com)