

Catch Word – **HEART**Transcript

Robin: What up? What up? What up? This is Robin.

Maura: and Maura at Culips.com bringing you Catch Word.

Robin: Catch Word that's it. Culips.

Maura: Yes. That's C-U-L-I-P-S.com

Robin: So, each and every week we take one word and talk about its different meanings. We talk about verbs. We talk about nouns. We talk about even slang.

Maura: We look very closely at only one word and today's word is ...
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Maura: **Heart**

Robin: **Heart**, awww. It's gonna be a special word.

Maura: Yes

Robin: So, what is a heart? It's that thing that pulsates in your chest

Maura: Exactly, It keeps the body alive. I think it's the one part that you definitely can't live without.

Robin: Seriously? How about your brain?

Maura: Well, yeah, that too.

Robin: Ok, anyways, moving along. So, what are we going to talk about with the heart?

Maura: Well, we have that heart in the body, but then we also have that other kind of heart, right? That shape that's quite hard to describe but if you go to our website we'll have a picture, and it's associated with love and Valentine's Day, and all of that kind of stuff

Robin: So, for example I can **give someone my heart**.

Maura: Yes.

Robin: I can give them my love.

Maura: Exactly.

Robin: But no one wants it. Ok....

Maura: Another example with heart is when we memorize something and learn something perfectly. We can say we **learned it by heart**.

Robin: We **learned it by heart**. And I guess in this sense, the heart stands for your mind

Maura: Ya. That's true. Right. It's an interesting little expression. I don't know where it came from. But, right, to learn something by heart means to memorize.

Robin: There's also '**break my heart**.'

Maura: Right. Have you every had your heart broken?

Robin: I'd rather not talk about this. But, um, have you ever had your heart broken?

Maura: Why of course. I think most people have. It's quite sad but to **have your heart broken** is when someone doesn't love you in the same way that you love them. Would you say that's a good definition?

Robin: I think so. If you want to know more check out Garth Brooks', Achey Breaky Heart. That's a good reference.

Maura: Hey, that's not Garth Brooks. That's Billy Ray, Billy Ray Cyrus,

Robin: Ok, my mistake.

Maura: No, but it's a good song. You're right. What about a '**heart to heart**'?

Robin: **To have a heart to heart**.

Maura: Right.

Robin: So you can have a **heart to heart** discussion for instance. And when you're having a heart to heart discussion, you're speaking frankly. That's to say you're being real. You're getting rid of all the fluff, and you're speaking from your heart.

Maura: Right. So it's a very emotional kind of conversation, an honest conversation.

Robin: Honest conversation. Are there any other ones that we have?

Maura: Sure. How about **change of heart**?

Robin: Change of heart. So I wanted to go to Toronto last weekend to visit my family but I had **a change of heart** and I decided to stay here and enjoy the snow.

Maura: Haha. Nice. Ya.....

Robin: You ever have **a change of heart**?

Maura: Umm. Sure, I must have.

Robin: How 'bout moving to Canada?

Maura: Ya. I wish my family had a change of heart because it's just too cold and now we're stuck here dealing with the winter every year.

Robin: But the summer is great

Maura: Yes. Yes, that's true.

Robin: If you are interested in learning English come to Montreal and learn with us at Culips.com in the summertime because Montreal summers are great.

Maura: Right. And why do you want to learn with us? Because at culips we really **put our hearts into it**.

Robin: Put our hearts into it. That's it. That's it. So we put a lot of work, we put a lot of care, into what we do.

Robin: So I guess that's about it. As usual we try to keep our podcasts short. If you want to quiz yourself check out our transcripts or read our notes and explanations and check out our website, www.culips.com, C-U-L-I-P-S.com

Maura: That's it for today. Thanks again for listening. This has been Maura

Robin: and Robin with the Catch Word on culips.com.

Maura: See you later.

Detailed Explanations

Heart

The heart is often thought to be the centre of the body. It is a muscular organ that pumps blood throughout the body. It is located between the lungs.

The sound that the heart makes while pumping the blood is called a heart beat.

Damage to the heart because of blockage is called a heart attack.



A heart also means this shape.

It is associated with love and romance, as most of you probably already know.

Heart can also refer to emotion and feeling and the centre of a human being. It can include intentions and is the true essence of something or someone.

To give someone your heart

To give someone your heart is to give your full love and attention to them. When you give someone your heart, you become devoted to them. There is obviously no physical giving. It is an expression that shows you are committed to caring for another person.

Example: She gave him her heart. (She is devoted to him.)

In the first section I mentioned heart beat. Speaking about love, we can also use the expression my heart skipped a beat to mean that you are romantically interested in someone. When you see this person your heart skips a beat because you are so excited to see them.

Example: My heart skipped a beat when she walked into the room.

To learn something by heart

Like we said in this episode, to learn (or to know) something by heart is to memorize. When you are in a play you have to learn something by heart. When you are going to have a test you have to know the material by heart.

Example: We need to know this information by heart or we won't be ready.

To break a heart

A person breaks a heart when someone doesn't return the fond feelings for them.

Here is an example: Dave loves Jane. But Jane doesn't like him. She loves someone else. Therefore, Jane breaks Dave's heart because she doesn't love him.

We can call someone with a broken heart, heart broken. So using the example above we can say, Dave is now heart broken.

Achey Breaky Heart

This is the song title that Robin mentioned in this episode. It is by the singer Billy Ray Cyrus and was a big hit in 1992. It is a country song but people who enjoy all kind of music liked this song.

Achey is not a real word. It comes from the word ache. To ache means to hurt or to be painful. So the song is about a broken heart that hurts.

Breaky is not a real word either. It comes from the word break. It refers to his broken heart or a heart that is sensitive and easy to break.

Heart Ache

Although Achey and Breaky are not real words, we do have an expression with heart and ache, heartache. A heartache describes when you are sad, usually about love.

Example: He has a heartache. Or My heart aches every time I see him.

Heart to heart

A heart to heart is a deep discussion between two people. When people have a heart to heart they try to say their true feelings and are usually talking about a serious topic. A heart to heart could happen after an argument. A heart to heart often happens after people have not been truthful. The heart to heart gives them the chance to tell the truth to the other person.

Change of heart

If someone has a change of heart they have changed their mind. This means that someone wanted to do one thing, but then decided to do something else.

Example:

I was planning to move to Chicago but I had a change of heart and now I am staying.

If you have a change of heart the decision you changed is probably a big one. Throughout the day we change our decisions all the time. In the example, the speaker was talking about moving to another city. This is a big decision.

To put your heart into something

At the top I mentioned that a heart can also mean the essence of someone. It can refer to everything about someone. To put your heart into something is to put everything you can into something. You put your heart into something when you try your best and are very passionate about it.

Like I said in the podcast, we at Culips put our hearts into every podcast here!

Hearty

One last word I wanted to mention because it looks like an adjective with heart but it is actually not always connected to the word heart.

It can mean affectionate or supportive and caring.

Example: They are a hearty family.

But when hearty is not connected to the heart it can mean full and plentiful.

I often have heard it used when talking about a soup with lots of vegetables that is very satisfying. We can say it is a hearty soup. But don't worry, there are no hearts in the soup!

Quiz (see the answers at the bottom of this lipservice)**1. to give someone your 'heart' means:**

- a) to talk to them softly
- b) to become friends with them
- c) to give them your love
- d) none of above

2. 'Heart' in the expression 'to learn something by heart' means:

- a) Practicing long and hard
- b) Understanding most of the details
- c) Memorizing
- d) Speaking out loud

3. to 'break someone's heart' means:

- a) to make them feel sad
- b) to make them feel disappointed
- c) to make them feel upset
- d) all of above

4. Which of the following is the correct use of 'heart-to-heart'

- a) I lost my hat heart-to-heart
- b) If you don't listen heart-to-heart you never understand
- c) We had a heart-to-heart discussion
- d) I tried to have my dinner heart-to-heart

5. 'To have a change of heart; means:

- a) To ignore your friends
- b) To change your mind
- c) To get married
- d) To have an operation

6. 'To put your heart into something' means:

- a) To worry about something
- b) To have a significant relationship
- c) To not put an effort into doing something
- d) To try your hardest at doing something

Answers: 1.c 2.c 3.d 4.c 5.b 6.c