

Catch Word #262 – Doomscrolling

Episode description

At some point, we've all found ourselves scrolling through the news or social media for hours on end. Sometimes the things we discover make us feel good (cute puppy videos!), and other times we find things that makes us feel bad (most news article about the world nowadays!). In this episode, Andrew and Kassy teach you two idiomatic expressions that you can use to talk about spending time on the Internet.

The Culips Catch Word series teaches you idioms, phrasal verbs, and expressions used in everyday life. Listening to this Catch Word audio lesson will help you improve your English listening and speaking skills, while also giving you interesting new ways to talk about the internet and social media.

If you'd like to watch the video Andrew mentions in this video, you can find it here:
https://youtu.be/uErx_YdZYzk

Fun fact

While people have used doomscrolling to describe their internet usage since early 2018, it only became popular and entered everyday usage in 2020 during the COVID-19 pandemic.

Expressions included in the study guide

- Doomscrolling
- Break the internet
- Apt
- Doom and gloom
- Pack
- If I do say so myself



Transcript

Note: The words and expressions that appear in **bold text** within the transcript are discussed in more detail in the Detailed Explanations section that follows the transcript. The transcript has been edited for clarity.

Andrew: Hello there, everyone. My name's Andrew.

Kassy: And I'm Kassy.

Andrew: And this is the Culips English Podcast.

Welcome back to Culips, friends. You're listening to Catch Word, the series for intermediate and advanced English learners, where we teach you idioms, phrasal verbs or expressions that will help improve your English listening and speaking. Today, I'm joined by my cohost, Kassy. Hello, Kassy.

Kassy: Hi, Andrew. And hi, listeners. So, everyone, we've got a great vocabulary lesson lined up for you today. Andrew and I are going to teach you about two idiomatic expressions that we use to talk about the internet and social media.

Andrew: Yeah, everyone that is right. I think this is going to be a fun episode. I'm excited about it. And the two key expressions that we'll be teaching you are, **doomscrolling**, aka, doomsurfing, and to **break the internet**. These are really popular expressions these days. They're hot, hot, hot, and we use them to talk about using the internet and surfing the internet. So we think they're important for you all to know. And in this episode, we'll break 'em down, tell you about what they mean and how you can use them.

Kassy: We'll get started with this lesson in just a moment. But before we do, guys, we want to let you know that there is a transcript and study guide for this episode available to all Culips Members. We've designed the practice exercises that are in the guide specifically to teach you the important parts of this lesson that will help build your English fluency and help your English sound more natural. To learn about all the details and to become a Culips Member and get the study guide, visit Culips.com.

Andrew: We also want to give a shout out to Klim, one of our listeners from Warsaw, Poland. Klim left us a five-star rating and an awesome review on Apple Podcasts. The review goes, "Thanks for your amazing podcast and for all the passion and hard work you put into it. I've tried listening to dozens of English learning podcasts and Culips is simply the best. You can improve your English, learn something cool about the world and have fun at the same time. The sound quality is stunning too, all music lovers gonna appreciate that. I always recommend Culips to my friends and they have never been disappointed. Keep going, we need to hear your pleasant voices more often." Wow, Kassy, doesn't that

make you feel good when you read a nice review like that? So thanks for the kind words and encouragement Klim, we really do appreciate it.

Kassy: Yes, and we want to give a huge thanks to all the Culips Members that are out there supporting the work we do here and allowing us to keep making new episodes and English lessons each and every week. We really appreciate your support and couldn't do it without you all. And with that being said, Andrew, I think it's time to get started with today's lesson.

Andrew: Let's do it. Kassy, we're gonna go from the high of that really positive, awesome review that Klim gave us that honestly just put me in such a good mood. We're gonna go from that review, all the way to the totally different spectrum of the universe. We're gonna go from the high to the low, and we're going to talk about **doomscrolling**, which is actually a really negative thing, I think all of our listeners will agree on once they understand what **doomscrolling**, or doomsurfing is. Now we'll talk about the meaning of this expression here in just a second, but maybe before we do, we should break it down exactly. So, **doomscrolling, doomscrolling**. First of all, Kassy could you tell us what is doom mean? D-O-O-M.

Kassy: Doom means bad things are happening. Usually, you hear **doom and gloom**.

Andrew: Yeah, bad, depressing things; doom. And it can also be feeling, like if you have feelings of doom, it means like, you're very, very pessimistic about anything positive happening in the future. It's also the name of an old computer game that I loved to play when I was a kid, but that's a little bit beside the point. So that is the meaning of doom. It's like pessimism, negativity, that kind of negative, bad feeling or emotion. And what about scrolling, scrolling? S-C-R-O-L-L-I-N-G, scrolling, what is that?

Kassy: Scrolling is when—it depends what technology you're using—if it's a computer, and you're using your mouse pad, it's when you swipe down or scroll the mouse down. So you can look through your social media feed. Likewise, if you swipe your thumb on your phone, and, you know, go through the newsfeed.

Andrew: Exactly, so it just talks about navigating through a website or navigating through a social media app. As you go down the page further and further. This motion that we make is called scrolling. So, there's **doomscrolling**, there's also doomsurfing. And this kind of surfing is not the type that you do on the ocean with a surfboard. It's about surfing the internet. So, scrolling and surfing, in this context, just mean spending time on social media or spending time on the internet. So, if we put this all together then, **doomscrolling** and doomsurfing, what do they mean? Well, they mean spending a lot of time, endlessly looking at your phone, or always looking at your computer, reading bad news about the world. And usually, I think people do **doomscrolling** or doomsurfing at night, before they go to sleep. You know, you should be sleeping, but you're just addicted to all the bad news that we see on the internet, or all the negative stories that we read on the internet.

Kassy: Which is so good for your sleep at night.

Andrew: Yeah, horrible for your sleep, right? But it almost puts you in a worse mood because you feel very pessimistic about the future, because of all the bad negative news you're consuming. And you're staying up late at night, looking at the blue light from your phone, and it just makes your mood terrible as well. So, yeah, I think it's a very **apt** description of something that a lot of people experience these days, actually. Kassy, can you think of any examples where you've **doomscrolled** recently?

Kassy: Yeah, actually, I'm not a big **doomscroller**. But it happened to be yesterday, of all times.

Andrew: What were you looking at?

Kassy: Well, the Johnny Depp, Amber Heard, civil case is going on right now, and it is intense. I usually don't care much about celebrities, but this one is such a big deal because, you know, usually when you hear about domestic abuse, it's the man being accused but, in this case, it's the woman. So, it's getting a lot of social media attention. And it's just all over my newsfeed.

Andrew: Yeah, it's hard to avoid these days. I actually spent a little time **doomscrolling** through that case, as well. It's kind of interesting to see how it unfolds. And it's almost impossible not to do some kind of **doomscrolling** these days. Unfortunately, you know, with the pandemic, and the economy, and just different worries and concerns and conflicts around the world. It's hard to avoid bad news these days. So, I think a lot of us can relate to exactly what this expression means. Why don't we take a listen to a few conversation examples with these expressions, **doomscrolling** and doomsurfing?

Kassy: Let's do it.

Friend 1: I'm so tired today. I can't wait to go home and go right to bed.

Friend 2: It's like 10am, why are you so tired? Were you up late last night?

Friend 1: Yeah, and it's my own fault, too. I just wasted time **doomscrolling** in bed.

Friend 2: Yeah, I've done that before, too. Makes me want to trade in my smartphone for an old flip phone.

Friend 1: You know, that's not a bad idea.

Andrew: All right, listeners. In that example, we just heard two friends talking about **doomscrolling**. One of the friends was very tired because she spent all of last night wasting time lying in bed, not sleeping, but instead **doomscrolling** through her social media feed. And one of the friends commented, you know, if we used flip phones, then we

wouldn't **doomscroll**. We could avoid that habit. And, Kassy, I guess that's true, right? If we went back to like old phones before smartphones, then we could eliminate **doomscrolling**. I kind of agree. Maybe that's not a bad idea.

Kassy: You'd have to get rid to the whole internet, you can always access the computer for that.

Andrew: Yeah, there's always ways to cheat and find—find our way back to social media, absolutely. Let's listen to example number two now.

Friend 1: Sorry, I'm late. Were you waiting long?

Friend 2: Nah, just like 15 minutes, it's fine. I was just catching up on my Twitter feed, **doomscrolling** through all the latest news.

Friend 1: Things are crazy these days, right? Well, we should hurry up to the theater or we'll miss the start of the show.

Friend 2: Yeah, let's go.

Kassy: OK, in this example conversation, two friends are meeting to go to the movies, and one friend was a little bit late. And while waiting for one friend to arrive, the other person spends their time **doomscrolling** on their Twitter feed, which is a popular social media platform.

Andrew: Exactly. And I tend to do this, this is one of my bad habits. If I have a couple of minutes to kill, you know, I'm waiting for a friend, or I'm waiting for a bus or something like that. I'll open my phone and scroll through social media and look at all the bad news that's happening in the world. Actually, Kassy, I recently signed up for a newsletter from the New York Times, and they send it to my inbox every morning. And I know this is a bad habit—people say not to do this if you want to increase your productivity and increase the quality of your life—when you wake up, the first thing that you shouldn't do is check your inbox. However, I'm not so disciplined. So usually, the first thing I do is check my inbox and I read The New York Times newsletter that they send me every morning. And it's awesome. It's a nice summary of what's going on around the world. It has a focus on East Asia where I live. So, I get updated with all these headlines from East Asia. It's awesome, but of course, it's the news. The news is always negative. It's always bad. It's always **doom and gloom**. So, I kind of start my day off by **doomscrolling**.

Kassy: That's a horrible way to start your day.

Andrew: Yeah, I gotta try and adjust that habit. It's not so good. Kassy, we're going to transition to expression two now. And it has a different meaning, OK? It's related in that it's used to talk about the internet and some behaviour and habits that happen on the internet, but it has a completely different meaning. So, let's introduce it, the expression is, **to break**

the internet, to break the internet. And **to break the internet** means to post something—could be to social media or to any website—that just causes a huge viral reaction. So it becomes super popular, many people see it, many people hear it, many people learn about it. Any kind of thing like this could be an Instagram post could be a YouTube video. If it gets a ton of attention online, then we say "Wow, **that broke the internet.**"

Kassy: Yeah, exactly. I don't know why we originally came up with this expression **to break the internet.** Do you think it's because it caused lags back in the day when the internet was kind of slower?

Andrew: Yeah, I think so. I think it has to do with so many people visiting a website at the same time that the website actually goes down. So, this doesn't happen too much these days anymore, because we have better technology. But in the early days of the internet, it was quite common for websites to go down because they were inundated with traffic like so many people went to the website at exactly the same time that the website broke. It still does happen from time to time, like I know when certain pop bands have concerts and they put all of their tickets, ticket sales, you know, all the fans will go to the website at the same time to try and buy a ticket and the website crashes. We can say, "Oh, they broke the internet." Right? It feels like the internet is broken, in reality, it's only that website. I think that is the origin of this expression. Kassy, I think we could say the Johnny Depp trial right now is **breaking the internet**, like you mentioned earlier.

Kassy: For sure.

Andrew: Should we listen to a couple of example conversations with this expression?

Kassy: Let's do it.

Friend 1: Have you seen this video yet? It's the one about the little girl who's a slow runner.

Friend 2: Oh yeah, it's so cute. I think everyone's seen that video by now. It totally **broke the internet.**

Friend 1: It's so funny though. Should we watch it just one more time?

Friend 2: Yeah, let's do it.

Andrew: OK, listeners in this example, we hear two friends talking about a viral video. A video so popular, they describe it as **breaking the internet.** One of the friends says that that video totally **broke the internet.** This just means that it's really popular. And it's a viral video that many, many people have seen. Kassy, for listeners who haven't seen the viral video that was referenced in that example conversation. It's a really cute video that just came out of the UK. And it actually is **breaking the internet** right now. It's really popular

and a mom took the video of her daughter. Her daughter was in a race with other elementary school girls. So, they're doing this running race, and the mom's daughter is last in the race. Like she's well behind all of the other students, all the students go by in one group, and then the camera pans, right to the end of the **pack**, like way back and that's her daughter. So she says "Come on, you can do it. You can do it." And the daughter who must be only about six or seven years old, like they're really just little kids. She responds like "I'm trying, I just have little legs." You know, she has a UK accent. It's very cute and hilarious, and the mom breaks out laughing because it's so funny to see her daughter try to run as fast as she can even though her legs are so little. It's a very cute video that's **breaking the internet** these days.

Kassy: I definitely gotta watch it.

Andrew: Let's listen to example conversation number two right now.

Kassy: OK.

Friend 1: Which photo should I post to my Instagram? This one where I'm wearing the white dress? Or this one where I'm wearing the red polka dot dress?

Friend 2: I'd say go with the polka dots. That picture so good, you're gonna **break the internet** with it.

Friend 1: Yeah, I do look pretty good **if I do say so myself**. OK, I'll post it now.

Kassy: All right, in this example, conversation, a girl is debating which photo she should upload to her social media. Should it be the white dress or the polka dot dress? And in the end, her friend suggests the polka dot one, it makes her look really good. And he says it will **break the internet** with its popularity.

Andrew: It will be so popular on social media, it will get so many likes and so much attention that it will **break the internet**, OK? Just a figure of speech, just a metaphor for meaning that it will be very popular and potentially go viral. Finally, the last thing that I want to talk about here is something that we heard the character in that example say. She said, "Yeah, I do look pretty good **if I do say so myself**." **If I do say so myself**.

Friend 1: I do look pretty good **if I do say so myself**.

Andrew: Kassy, what kind of situation can we use **if I do say so myself** in? I like this expression, very natural way to speak.

Kassy: Yeah, it's kind of a weird expression. But if you want to kind of brag about yourself without being braggy, without seeming too vain, you can say **if I do say so myself**. Like, I'm pretty good at this **if I do say so myself**.

Andrew: Or we could say, “We think Culips is a really amazing podcast for learning English **if we do say so ourselves.**”

Kassy: Uh huh.

Andrew: It's kind of a way to brag about your skill or ability, while at the same time kind of being humble, even though you're still bragging. Yeah.

Kassy: It makes you sound charming.

Andrew: I like it. It's a very natural expression.

Anyways, everyone, that was a little bonus lesson for you here right at the end of this episode. And with that, I think we'll wrap things up. So, of course, we hope that you enjoyed this one and were able to learn a lot with us today. And good job on getting in your daily dose of English listening practice. You're doing exactly the kind of thing you need to do to improve your fluency. So, keep up good work!

Kassy: So, Andrew and I taught you two idiomatic expressions today that we use when talking about the internet. Now it's your turn to practice using these expressions. And you can do that by making some example sentences and leaving them on our discussion forum for the comment section on our website, Culips.com.

Andrew: If you enjoy Culips and find it useful for building your English skills, we'd love it if you could support us by leaving us a five-star rating and positive review on your favourite podcast app. By following us on Instagram or YouTube, or by telling your friends who are learning English to check us out.

Kassy: We'll be back soon with another brand-new episode, and we'll talk to you then. Bye, everyone.

Andrew: Take care. Goodbye.

Detailed Explanations

Doomscrolling

Verb

Doomscrolling is the act of spending a lot of time reading bad or negative news stories and content online. This can be on your phone, computer or any device connected to the internet. For example, a lot of people were **doomscrolling** when the COVID-19 pandemic was at its worst, which means they spent a lot of time reading news about the pandemic that was generally bad or depressing (infection rates, lack of vaccination updates, etc.)

As Andrew mentions in this episode, you could also say **doomsurfing**. He explains, “this kind of surfing is not the type that you do on the ocean with a surfboard. It’s about surfing the internet. So, scrolling and surfing, in this context, just mean spending time on social media or spending time on the internet.”

Here are a couple more examples with **doomscrolling**:

Tabitha: You’ve seemed down lately. Is everything okay?

Amy: It is, and it isn’t. It’s like, the world is crazy, you know. And I just can’t seem to stop **doomscrolling**, so I’m just always feeling sad and stuff.

Tabitha: Oh, I know what you mean. I stopped going on social media two months ago, ‘cause every time I did, I wouldn’t be able to stop scrolling.

Amy: Yeah, I might need to quit looking at stuff online too. Maybe I’ll start by trying to limit it to just half an hour a day.

Tabitha: I think that’s a good idea. For your own happiness, you know.

Eun-Gyeong: Ugh, I’m so tired. Why can’t I stop reading the news until 3am!?

Andy: If you’re addicted to **doomscrolling**, try doing something relaxing before bed. Something where you don’t need your phone like, yoga or meditation. Or even reading a book.

Eun-Gyeong: Hm. That’s actually good advice. I’ll try that tonight.

Andy: Hey now. Don’t sound so surprised that I gave good advice!

Break the internet

Idiom

To **break the internet** means to be very popular or to trend online. It has a similar meaning to “going viral”. When something breaks the internet, many people see, like, share, and talk about that thing.

This idiom comes from the internet's early days when websites were not built to handle sudden increases in traffic. Increases in traffic occur when a lot of people visit a website to see a product, service, or article. If the website's server can't handle all the web traffic from many people visiting the website at the same time, it will “break” and visitors will either see an error page or will be unable to load the website. Although most modern websites won't “break” under high traffic situations, we still say popular content **breaks the internet**.

Here are a couple more examples with **break the internet**:

Skye: I've got to show you this video I saw. It's so adorable!

Katelyn: I love adorable videos! What's it about?

Skye: This little kid meets a puppy for the first time and oh my goodness, it's so cute! It's pretty much **breaking the internet** right now. It gets millions of new views every day.

Katelyn: Send me the link right now!

Skye: Check your email, I just sent you the link.

Katelyn: Great, thanks!

Sebastian: Did you ever finish that video you were making?

Art: Almost! I'm nearly done editing it. Do you want to see?

Sebastian: Sure, I'd love to.

Art: Alright. Prepare yourself, cuz it's really awesome. It's totally going to **break the internet**.

Sebastian: So, you're planning to post it to YouTube or something?

Art: Yeah, I made a new channel, and this is going to be my first video. I'm expecting it to go viral!

Apt Adjective

Apt means suitable, appropriate, or right for a particular situation. It is used to describe something that is relevant or suitable. The most common way we use this word is in the phrase, “An **apt** description.” This means that the description is appropriate or suitable for the situation.

For example, Andrew says doomscrolling is “a very apt description of something a lot of people experience these days.” He believes this because of the “doom” part of the expression. Doom is an appropriate and fitting word because there is a lot of bad news in the world lately, and doomscrolling “puts you in a worse mood because you feel very pessimistic about the future.... it just makes your mood terrible as well.”

So, whenever something (like a description, comment, name, etc.) is a perfect fit or match, then you can say that it’s **apt**.

Here are a few conversation examples with **apt**:

Jonathan: Oh, is that your new cat?

Violet: It is! We got her on Tuesday. Her name is Socks!

Jonathan: Socks is an **apt** name for her since she has darker coloured paws.

Violet: Right? Don’t her little feet make her look like just the cutest little furball?

Jonathan: Yeah, so cute.

Chris: I’m so glad Jon interrupted the workshop leader. If he hadn’t, I think we would still be sitting in that room, listening to the guy ramble on and on about... what was he even talking about? I don’t remember.

Naru: I don’t know either. Man, when Jon stood up and said, “This has nothing to do with our project.” I wanted to applaud.

Chris: I know, me too. His **apt** comment pretty much summed up all our thoughts.

Yassim: You hungry? I have an extra sandwich today.

Nadia: You’ve come at an especially **apt** time. My stomach just growled!

Doom and gloom

Idiom

The idiom **doom and gloom** means to feel very bad or hopeless. It describes a negative feeling someone has or the poor quality of a situation or place.

For example, when someone is full of **doom and gloom**, they're pessimistic, negative, and expecting things to go badly for them. When a situation is **doom and gloom**, it's very bad and hopeless. In both scenarios, the general feeling is that things are bad and are only going to get worse.

Sometimes appearing as gloom and doom, this idiom dates to the mid-1900s, during the Cold War, where there was the constant threat of nuclear holocaust. Some believe the first use was in the 1947 musical comedy, *Finian's Rainbow*. A pessimistic character sings: "I told you that gold could only bring you **doom and gloom, gloom and doom.**"

Here are a couple more examples with **doom and gloom**:

Son: Ugh! What's the point of studying? I'm going to fail the exam anyway.

Mom: Hey now... what's with all this **doom and gloom**? You've been doing your assignments and getting good grades. All you need to do now is read over what you've learned.

Son: There's so much though! I've forgotten most of it.

Mom: Sit and read. It'll come back to you. Think positively!

Lan: Oh look. Another rejection email and another job I didn't get. I'm totally unemployable, aren't I?

Quinn: What? No, you're totally employable!

Lan: Then how come I can't get a single job?

Quinn: The situation isn't all **doom and gloom**, you just have to keep looking. Your perfect job is totally out there, and all these interviews are just practice so you'll land that job.

Lan: Thanks. I appreciate the support. I'll keep applying for jobs.

Pack Noun

A **pack** is a group of individuals gathered together. We usually use **pack** to describe animals that move in groups, like wolves or sheep. However, we also use it to talk about racing sports, where runners, cyclists, or drivers move together in a group.

We say that the animal or person at the start of the pack, is at the “head of the pack”. Conversely, the animal or person at the end of the pack is at the “back of the pack” or “end of the pack”.

In this episode, Andrew and Kassy talk about a popular online video where a mother is filming her daughter in a running race. Andrew says, “then the camera pans, right to the end of the **pack**, like way back and that’s her daughter.” The camera pans to the end of the group of runners to find the daughter “well behind all the other students.”

When you watch a race—it can be people running, biking, or even racing cars—you’ll see that competitors will sometimes bunch together. This bunch of people is a **pack**. This definition originally only referred to the group of people directly behind the leader of the race. It has since evolved to include any group or bunch of people participating in the race.

Here are a couple more examples with **pack**:

Commentator #1: Now, the cyclists are coming around the corner. This can be a tricky situation, because if one person falls, they might all fall.

Commentator #2: Exactly. The strategy here is to get yourself a bit away from the **pack**. That might mean slowing down, speeding up, or taking a wider corner.

Commentator #1: That’s right. It might sound like you’ll be putting yourself at a disadvantage, but it helps if there’s an accident.

Commentator #2: Absolutely. Here they come, let’s see how they do!

Dad: Hey sweetie. How did your race go today?

Daughter: It was OK. I finished in the middle of the **pack**, so not great but not the worst either.

Dad: Middle is good! You were running against the older kids, right? So next year you’ll be at the head of the **pack**!

Daughter: Sure, I guess.

If I do say so myself

Phrase

If I do say so myself is a way to praise yourself or confirm your own opinions. People often use phrase this to soften self-praise, so it doesn't sound like they're bragging too much.

Sometimes people will use this phrase in situations where they might be biased. For example, a mother praising their child or a boss bragging about their company. It shows that they believe what they're saying is true, even though it sounds like they're biased.

Here are a few more examples with **if I do say so myself**:

Kip: Look! I built you a new bookshelf while you were away!

Caroline: Wow! It's... so narrow.

Kip: Thanks! It's a really neat design, **if I do say so myself**.

Caroline: It's definitely unique. I don't think any other bookshelf looks like this one.

Kip: Come on, let's put your books on it!

Brian: I accepted the job offer.

Raj: Wow! That's awesome. Congratulations!

Brian: Thanks. I've done pretty well, **if I do say so myself**. I've got a job with a great salary and benefits, and they're willing to work with my schedule and everything. They're even going to provide me housing and a company car!

Raj: That's great! I agree with you! You have done well.

Bob: We're all going golfing this weekend. Want to come?

Michael: Sure, as long as you guys are okay with this old man winning on every hole!

Bob: Hey now, don't get too confident. I'm a pretty good golfer, **if I do say so myself**.

Quiz

- 1. Which of the following means hopeless and unlikely to get better?**
 - a) Gloom and womb
 - b) Doom and bloom
 - c) Doom and gloom
 - d) Gloom and boom

- 2. Your friend shared a video with you that “broke the internet”. What does this mean?**
 - a) The video is a how-to guide on disconnecting your internet
 - b) The video was posted incorrectly and doesn't work
 - c) The video was just posted online
 - d) The video quickly became very popular

- 3. Which of the following is used to soften praise for yourself or a situation in which you may be biased?**
 - a) If I do so myself
 - b) If I do say so myself
 - c) If I say so
 - d) If I may do so

- 4. You have been doomscrolling for an hour. What were you doing?**
 - a) Reading the newspaper
 - b) Reading a scary book
 - c) Reading good or happy content online
 - d) Reading bad or depressing content online

- 5. Which of the following is a group of people in a race?**
 - a) Pack
 - b) Pace
 - c) Park
 - d) Pock

Writing and Discussion Questions

1. Do you or have you ever doomscrolled? What were you looking at? How did **doomscrolling** make you feel?
2. Andrew mentions that when he doomscrolls, the news is always negative. "It's always **doom and gloom**." Do you feel the same way? Why or why not?
3. What is one thing you've seen that you think **broke the internet**, and why?
4. What is your favourite website or social media platform to browse when you're bored? (If you don't browse the internet or social media, or don't have a favourite, what do you do when you're bored?)
5. Which do you prefer: browsing the internet on your phone or on your computer? Why?

Quiz Answers

1.c 2.d 3.b 4.d 5.a

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